Readings from Gandhi

LIFE AND THOUGHTS OF MAHATMA GANDHI
AS TOLD IN HIS OWN WORDS

Compiled and Edited by

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These ‘Readings’ from Mahatma Gandhi are presented on the occasion of his birth centenary in 1969, to enable Indians abroad to give the book as a small gift to their friends in those hospitable lands where they have found a home away from the Motherland.

The book has been compiled from Gandhi’s ‘Autobiography’ and other writings in the hope that the reader will find it an appetiser to further exploration into the life and thoughts of the Mahatma.
In celebration of the birth-centenary of

MAHATMA MOHANDAS GANDHI, Father of the Indian Nation,

on 2 October, 1969,

this book is presented by

in the earnest hope that it may, in a small way, help in understanding the life and thoughts of a great Apostle of Truth and Non-violence.
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It is not my purpose to attempt a real autobiography. I simply want to tell the story of my numerous experiments with truth, and as my life consists of nothing but those experiments, it is true that the story will take the shape of an autobiography.

My experiments in the political field are now known, not only to India, but to a certain extent to the ‘civilised’ world. For me, they have not much value. But I should certainly like to narrate my experiments in the spiritual field which are known only to myself, and from which I have derived such power as I possess for working in the political field.

What I want to achieve—what I have been striving and pining to achieve—is self-realisation, to see God face to face. I live and move and have my being in pursuit of this goal. All that I do by way of speaking and writing, and all my ventures in the political field, are directed to this same end. But as I have all along believed that what is possible for one is possible for all, my experiments have not been conducted in the closet, but in the open.

Far be it from me to claim any degree of perfection for these experiments. I claim for them nothing more than does a scientist who, though he conducts his experiments with the utmost accuracy, forethought and minuteness, never claims any finality about his conclusions, but keeps an open mind regarding them. I am far from claiming any finality or infallibility about my conclusions. One claim I do indeed make and it is this. For me they appear to be absolutely correct, and seem for the time being to be final. For if they were not, I should base no action on them. But at every step I have carried out the process of acceptance or rejection and acted accordingly.
My life is one indivisible whole, and all my activities run into one another, and they all have their rise in my insatiable love of mankind.

My father was a lover of his clan, truthful, brave and generous, but short-tempered. He was incorruptible and had earned a name for strict impartiality in his family as well as outside.

The outstanding impression my mother has left on my memory is that of saintliness. She was deeply religious. She would not think of taking her meals without her daily prayers... She would take the hardest vows and keep them without flinching. Illness was no excuse for relaxing them.

Of these parents I was born at Porbandar... I passed my childhood in Porbandar. I recollect having been put to school. It was with some difficulty that I got through the multiplication tables. The fact that I recollect nothing more of those days than having learnt, in company with other boys, to call our teacher all kinds of names, would strongly suggest that my intellect must have been sluggish, and my memory raw.

I used to be very shy and avoided all company. My books and my lessons were my sole companions. To be at school at the stroke of the hour and to run back home as soon as the school closed—that was my daily habit. I literally ran back, because I could not bear to talk to anybody. I was even afraid lest anyone should poke fun at me.

There is an incident which occurred at the examination during my first year at the high school. The Educational Inspector had come on a visit of inspection. He had set us five words to write as a spelling exercise. One of the words was 'kettle'. I had mis-spelt it. The teacher tried to prompt me with the point of his boot, but I would not be prompted. It was beyond me to see that he wanted me to copy the spelling from my neighbour’s slate, for I had thought that the teacher
was there to supervise us against copying. The result was that all the boys, except myself, were found to have spelt every word correctly.

It is my painful duty to have to record here my marriage at the age of thirteen. As I see the youngsters of the same age about me, and think of my own marriage, I am inclined to pity myself and to congratulate them on having escaped my lot.

I do not think it [marriage] meant to me anything more than the prospect of good clothes to wear, drum beating, marriage processions, rich dinners and a strange girl to play with. The carnal desire came later.

I must say I was passionately fond of her. Even at school I used to think of her, and the thought of nightfall and our subsequent meeting was ever haunting me. Separation was unbearable. If with this devouring passion there had not been in me a burning attachment to duty, I should either have fallen a prey to disease and premature death, or have sunk into a burdensome existence. But the appointed tasks had to be gone through every morning, and lying to anyone was out of the question. It was this last thing that saved me from many a pitfall.

I had not any high regard for my ability. I used to be astonished whenever I won prizes and scholarships. But I very jealously guarded my character. The least little blemish drew tears from my eyes. When I merited, or seemed to the teacher to merit, a rebuke, it was unbearable for me. I remember having once received corporal punishment. I did not so much mind the punishment, as the fact that it was considered my desert. I wept piteously.

Amongst my few friends at the high school I had, at different times, two who might be called intimate. One of these friendships . . . I regard as a tragedy in my life.
True friendship is an identity of souls rarely to be found in this world. Only between like natures can friendship be altogether worthy and enduring. I am of opinion that all exclusive intimacies are to be avoided; for man takes in vice far more readily than virtue. And he who would be friends with God must remain alone, or make the whole world his friend.

This friend’s exploits cast a spell over me. He could run long distances and extraordinarily fast. He was an adept in high and long jumping. He could put up with any amount of corporal punishment. He would often display his exploits to me and, as one is always dazzled when he sees in others the qualities that he lacks himself, I was dazzled by this friend’s exploits. This was followed by a strong desire to be like him. I could hardly jump or run. Why should not I also be as strong as he?

I was a coward. I used to be haunted by the fear of thieves, ghosts and serpents. I did not dare to stir out of doors at night. Darkness was a terror to me. It was almost impossible for me to sleep in the dark, as I would imagine ghosts coming from one direction, thieves from another and serpents from a third. I could not therefore bear to sleep without a light in the room.

My friend knew all these weaknesses of mine. He would tell me that he could hold in his hand live serpents, could defy thieves and did not believe in ghosts. And all this was, of course, the result of eating meat.

All this had its due effect on me. . . . It began to grow on me that meat-eating was good, that it would make me strong and daring, and that, if the whole country took to meat-eating, the English could be overcome.

Whenever I had occasion to indulge in these surreptitious feasts, dinner at home was out of the question. My mother would naturally ask me to come and take my food and want to know the reason why I did not wish to eat. I would say
to her ‘I have no appetite today; there is something wrong with my digestion’. It was not without compunction that I devised these pretexts. I knew I was lying, and lying to my mother. I also knew that if my mother and father came to know of my having become a meat-eater, they would be deeply shocked. This knowledge was gnawing at my heart.

Therefore I said to myself: Though it is essential to eat meat, and also essential to take up food ‘reform’ in the country, yet deceiving and lying to one’s father and mother is worse than not eating meat. In their lifetime, therefore, meat-eating must be out of the question. When they are no more and I have found my freedom, I will eat meat openly, but until that moment arrives I will abstain from it.

This decision I communicated to my friend, and I have never since gone back to meat.

My friend once took me to a brothel. He sent me in with the necessary instructions. It was all pre-arranged. The bill had already been paid. I went into the jaws of sin, but God in His infinite mercy protected me against myself. I was almost struck blind and dumb in this den of vice. I sat near the woman on her bed, but I was tongue-tied. She naturally lost patience with me, and showed me the door, with abuses and insults. I then felt as though my manhood had been injured, and wished to sink into the ground for shame. But I have ever since given thanks to God for having saved me. I can recall four more similar incidents in my life, and in most of them my good fortune, rather than any effort on my part, saved me. From a strictly ethical point of view, all these occasions must be regarded as moral lapses; for the carnal desire was there, and it was as good as the act. But from the ordinary point of view, a man who is saved from physically committing sin is regarded as saved. And I was saved only in that sense.
As we know that man often succumbs to temptation, however much he may resist it, we also know that Providence often intercedes and saves him in spite of himself. How all this happens—how far a man is free and how far a creature of circumstances—how far free-will comes into play and where fate enters on the scene—all this is a mystery and will remain a mystery.

One of the reasons of my differences with my wife was undoubtedly the company of this friend. I was both a devoted and a jealous husband, and this friend fanned the flame of my suspicions about my wife. I never could doubt his veracity. And I have never forgiven myself the violence of which I have been guilty in often having pained my wife by acting on his information. Perhaps only a Hindu wife could tolerate these hardships, and that is why I have regarded woman as an incarnation of tolerance.

From my sixth or seventh year up to my sixteenth I was at school, being taught all sorts of things except religion.

And yet I kept on picking up things here and there from my surroundings. The term ‘religion’ I am using in its broadest sense, meaning thereby self-realisation or knowledge of self.

But one thing took deep root in me—the conviction that morality is the basis of things, and that truth is the substance of all morality. Truth became my sole objective. It began to grow in magnitude every day, and my definition of it also has been ever widening.

I regard untouchability as the greatest blot on Hinduism. I was hardly yet twelve when this idea dawned on me. A scavenger named Uka, an untouchable, used to attend our house for cleaning latrines. Often I would ask my mother why it was wrong to touch him, why I was forbidden to touch him. If I accidentally touched Uka, I was asked to perform the ablutions, and though I naturally
obeyed, it was not without smilingly protesting that untouchability was not sanctioned by religion, that is was impossible that it should be so. I was a very dutiful and obedient child and so far as it was consistent with respect for parents, I often had tussles with them on this matter. I told my mother that she was entirely wrong in considering physical contact with Uka as sinful.

I passed the matriculation examination in 1887.

My elders wanted me to pursue my studies at college after matriculation. There was a college in Bhavnagar as well as in Bombay, and as the former was cheaper, I decided to go there and join the Samaldas College. I went, but found myself entirely at sea. Everything was difficult. I could not follow, let alone taking interest in, the professors’ lectures. At the end of the first term, I returned home.

An old friend and adviser of the family . . . happened to visit us during my vacation. In conversation with my mother and elder brother, he inquired about my studies. Learning that I was at Samaldas College, he said: ‘The times are changed. . . . I would far rather that you sent him to England. It is very easy to become a barrister. In three years’ time he will return. Also expenses will not exceed four to five thousand rupees. Think of that barrister who has just come back from England. How stylishly he lives! I would strongly advise you to send Mohandas to England this very year.’

My mother was sorely perplexed. . . . Someone had told her that young men got lost in England. Someone else had said that they took to meat; and yet another that they could not live there without liquor. ‘How about all this?’ she asked me. I said: ‘Will you not trust me? I shall not lie to you. I swear that I shall not touch any of those things.’ . . . I vowed not to touch wine, woman and meat. This done, my mother gave her permission.
At the age of eighteen I went to England. . . . Everything was strange—the people, their ways, and even their dwellings. I was a complete novice in the matter of English etiquette and continually had to be on my guard. There was the additional inconvenience of the vegetarian vow. Even the dishes that I could eat were tasteless and insipid. I thus found myself between Scylla and Charybdis. England I could not bear, but to return to India was not to be thought of. Now that I had come, I must finish the three years, said the inner voice.

I would trot ten or twelve miles each day, go into a cheap restaurant and eat my fill of bread, but would never be satisfied. During these wanderings I once hit on a vegetarian restaurant in Farringdon Street. The sight of it filled me with the same joy that a child feels on getting a thing after its own heart. Before I entered I noticed books for sale exhibited near the door. I saw among them Salt’s *Plea for Vegetarianism*. This I purchased for a shilling and went straight to the dining room. This was my first hearty meal since my arrival in England. God had come to my aid.

I read Salt’s book from cover to cover and was very much impressed by it. From the date of reading this book, I may claim to have become a vegetarian by choice. I blessed the day on which I had taken the vow before my mother. I had all along abstained from meat in the interests of truth and of the vow I had taken, but had wished at the same time that every Indian should be a meat-eater, and had looked forward to being one myself freely and openly some day, and to enlisting others in the cause. The choice was now made in favour of vegetarianism, the spread of which henceforth became my mission.

I was elected to the Executive Committee of the Vegetarian Society, and made it a point to attend every one of its meetings, but I always felt tongue-tied. . . . Not that I never felt tempted to speak. But I was at a loss to know how to
express myself. . . . This shyness I retained throughout my stay in England. Even when I paid a social call the presence of half a dozen or more people would strike me dumb.

I must say that, beyond occasionally exposing me to laughter, my constitutional shyness has been no disadvantage whatever. In fact I can see that, on the contrary, it has been all to my advantage. My hesitancy in speech, which was once an annoyance, is now a pleasure. Its greatest benefit has been that it has taught me the economy of words.

I passed my examinations, was called to the Bar on the tenth of June 1891, and enrolled in the High Court on the eleventh. On the twelfth I sailed home.

My elder brother had built high hopes on me. He had assumed that I should have a swinging practice and had, in that expectation, allowed the household expenses to become top-heavy.

But it was impossible for me to get along in Bombay for more than four or five months, there being no income to square with the ever-increasing expenditure.

This was how I began life. I found the barrister’s profession a bad job—much show and little knowledge. I felt a crushing sense of my responsibility.

Disappointed, I left Bombay and went to Rajkot where I set up my own office. Here I got along moderately well.

In the meantime a firm from Porbandar wrote to my brother making the following offer: ‘We have business in South Africa. Ours is a big firm, and we have a big case there in the Court, our claim being £40,000. It has been going on for a long time. We have engaged the services of the best barristers. If you sent your brother there, he would be useful to us and also to himself. He would be able to
instruct our counsel better than ourselves. And he would have the advantage of seeing a new part of the world, and of making new acquaintances.’

This was hardly going there as a barrister. It was going as a servant of the firm. But I wanted somehow to leave India. There was also the tempting opportunity of seeing a new country, and of having new experience. Also I could send £105 to my brother and help in the expenses of the household. I closed with the offer without any haggling, and got ready to go to South Africa.

This time I only felt the pang of parting with my wife. Another baby had been born to us since my return from England. Our love could not yet be called free from lust but it was getting gradually purer. Since my return from Europe, we had lived very little together: and as I had now become her teacher, however indifferent, and helped her to make certain reforms we both felt the necessity of being more together, if only to continue the reforms. But the attraction of South Africa rendered the separation bearable.

The port of Natal is Durban. Abdulla Sheth was there to receive me. As the ship arrived at the quay and I watched the people coming on board to meet their friends, I observed that the Indians were not held in much respect. I could not fail to notice a sort of snobbishness about the manner in which those who knew Abdulla Sheth behaved towards him, and it stung me. Abdulla Sheth had got used to it. Those who looked at me did so with a certain amount of curiosity. My dress marked me out from other Indians. I had a frock-coat and a turban.

On the seventh or eighth day after my arrival, I left Durban (for Pretoria). A first class seat was booked for me. . . . The train reached Maritzburg, the capital of Natal, at about 9 p.m. Beddings used to be provided at this station. A railway servant came and asked me if I wanted one. ‘No,’ said I, ‘I have one with me.’ He went away. But a passenger came next, and looked me up and down. He saw that
I was a ‘coloured’ man. This disturbed him. Out he went and came in again with one or two officials. They all kept quiet, when another official came to me and said, ‘Come along, you must go to the van compartment.’

‘But I have a first class ticket,’ said I.

‘That doesn’t matter,’ rejoined the other. ‘I tell you, you must go to the van compartment.’

‘I tell you, I was permitted to travel in this compartment at Durban, and I insist on going on in it.’

‘No, you won’t,’ said the official. ‘You must leave this compartment, or else I shall have to call a police constable to push you out.’

“Yes, you may. I refuse to get out voluntarily.’

The constable came. He took me by the hand and pushed me out. My luggage was also taken out. I refused to go to the other compartment and the train steamed away. I went and sat in the waiting room, keeping my hand-bag with me, and leaving the other luggage where it was. The railway authorities had taken charge of it.

It was winter, and winter in the higher regions of South Africa is severely cold. Maritzburg being at a high altitude, the cold was extremely bitter. My overcoat was in my luggage, but I did not dare to ask for it lest I should be insulted again, so I sat and shivered. There was no light in the room.

I began to think of my duty. Should I fight for my rights or go back to India, or should I go on to Pretoria without minding the insults, and return to India after finishing the case? It would be cowardice to run back to India without fulfilling my obligation. The hardship to which I was subjected was superficial—only a symptom of the deep disease of colour prejudice. I should try, if possible to root
out the disease and suffer hardships in the process. Redress for wrongs I should seek only to the extent that would be necessary for the removal of the colour prejudice.

So I decided to take the next available train to Pretoria.

My first step was to call a meeting of all the Indians in Pretoria and to present to them a picture of their condition in the Transvaal.

My speech at this meeting may be said to have been the first public speech in my life. I went fairly prepared with my subject, which was about observing truthfulness in business. I had always heard the merchants say that truth was not possible in business. Business, they say, is a very practical affair, and truth a matter of religion; and they argue that practical affairs are one thing, while religion is quite another. I strongly contested the position in my speech and awakened the merchants to a sense of their duty, which was twofold. Their responsibility to be truthful was all the greater in a foreign land, because the conduct of a few Indians was the measure of that of the millions of their fellow-countrymen.

I made an intimate study of the hard condition of the Indian settlers, not only by reading and hearing about it, but by personal experience. I saw that South Africa was no country for a self-respecting Indian, and my mind became more and more occupied with the question as to how this state of things might be improved.

The year’s stay in Pretoria was a most valuable experience in my life. Here it was that I had opportunities of learning public work and acquired some measure of my capacity for it. Here it was that the religious spirit within me became a living force, and here too I acquired a true knowledge of legal practice.
I realised that the true function of a lawyer was to unite parties riven asunder. The lesson was so indelibly burnt into me that a large part of my time during the twenty years of practice as a lawyer was occupied in bringing about private compromises of hundreds of cases. I lost nothing thereby— not even money, certainly not my soul.

The heart’s earnest and pure desire is always fulfilled. In my own experience I have often seen this rule verified. Service of the poor has been my heart’s desire, and it has always thrown me amongst the poor and enabled me to identify myself with them.

I had put in scarcely three or four months’ practice, and the Congress also was still in its infancy, when a Tamil man in tattered clothes, head-gear in hand, two front teeth broken and his mouth bleeding, stood before me trembling and weeping. He had been heavily belaboured by his master. I learnt all about him from my clerk, who was a Tamilian. Balasundaram—as that was the visitor’s name—was serving his indenture under a well-known European resident of Durban. The master, getting angry with him, had lost self-control, and had beaten Balasundaram severely, breaking two of his teeth.

I sent him to a doctor. In those days only white doctors were available. I wanted a certificate from the doctor about the nature of the injury Balasundaram had sustained. I secured the certificate, and straightaway took the injured man to the magistrate, to whom I submitted his affidavit. The magistrate was indignant when he read it, and issued a summons against the employer.

Balasundaram’s case reached the ears of every indentured labourer, and I came to be regarded as their friend. I hailed this connexion with delight. A regular stream of indentured labourers began to pour into my office, and I got the best opportunity of learning their joys and sorrows.
If I found myself entirely absorbed in the service of the community, the reason behind it was my desire for self-realisation. I had made the religion of service my own, as I felt that God could be realised only through service. And service for me was the service of India, because it came to me without my seeking, because I had an aptitude for it. I had gone to South Africa for travel, for finding an escape from intrigues and for gaining my own livelihood. But I found myself in search of God and striving for self-realisation.

By now I had been three years in South Africa. I had got to know the people and they had got to know me. In 1896 I asked permission to go home for six months, for I saw that I was in for a long stay there. I had established a fairly good practice, and could see that people felt the need of my presence. So I made up my mind to go home, fetch my wife and children, and then return and settle out there.

This was my first voyage with my wife and children . . .

The ship cast anchor in the port of Durban.

Our ship was ordered to be put in quarantine. But this quarantine order had more than health reasons behind it.

The white residents of Durban had been agitating for our repatriation, and the agitation was one of the reasons for the order. . . . The real object of the quarantine was thus to coerce the passengers into returning to India by somehow intimidating them or the agent company. For now threats began to be addressed to us also: ‘If you do not go back, you will surely be pushed into the sea. But if you consent to return, you may even get your passage money back.’ I constantly moved amongst my fellow passengers cheering them up.
At last ultimatums were served on the passengers and me. We were asked to submit, if we would escape with our lives. In reply the passengers and I both maintained our right to land at Port Natal, and intimated our determination to enter Natal at any risk.

At the end of twenty-three days the ships were permitted to enter the harbour, and orders permitting the passengers to land were passed.

As soon as we landed, some youngsters recognised me and shouted ‘Gandhi, Gandhi’. About half a dozen men rushed to the spot and joined in the shouting. . . . As we went ahead, the crowd continued to swell, until it became impossible to proceed further. . . . Then they pelted me with stones, brick-bats and rotten eggs. Someone snatched away my turban, whilst others began to batter and kick me. I fainted and caught hold of the front railings of a house and stood there to get my breath. But it was impossible. They came upon me boxing and battering. The wife of the Police Superintendent, who knew me, happened to be passing by. The brave lady came up, opened her parasol, though there was no sun then, and stood between the crowd and me. This checked the fury of the mob, as it was difficult for them to deliver blows on me without harming Mrs. Alexander.

The late Mr. Chamberlain, who was then Secretary of State for the Colonies, cabled asking the Natal Government to prosecute my assailants. Mr. Escombe sent for me, expressed his regret for the injuries I had sustained, and said : “Believe me, I cannot feel happy over the least little injury done to your person. . . . If you can identify the assailants, I am prepared to arrest and prosecute them.’

To which I gave the following reply:
‘I do not want to prosecute anyone. It is possible that I may be able to identify one or two of them, but what is the use of getting them punished? Besides, I do not hold the assailants to blame. They were given to understand that I had made exaggerated statements in India about the whites in Natal and calumniated them. If they believed these reports, it is no wonder that they were enraged. The leaders and, if you will permit me to say so, you are to blame. You could have guided the people properly, but you also believed Reuter and assumed that I must have indulged in exaggeration. I do not want to bring anyone to book. I am sure that, when the truth becomes known, they will be sorry for their conduct.’

On the day of landing, as soon as the yellow flag was lowered, a representative of The Natal Advertiser had come to interview me. He had asked me a number of questions, and in reply I had been able to refute every one of the charges that had been levelled against me. . . . This interview and my refusal to prosecute the assailants produced such a profound impression that the Europeans of Durban were ashamed of their conduct. The press declared me to be innocent and condemned the mob. Thus the lynching ultimately proved to be a blessing for me, that is, for the cause. It enhanced the prestige of the Indian community in South Africa and made my work easier.

My profession progressed satisfactorily, but that was far from satisfying me. . . . I was still ill at ease. I longed for some humanitarian work of a permanent nature. . . . So I found time to serve in the small hospital. This meant two hours every morning, including the time taken in going to and from the hospital. This work brought me some peace. It consisted in ascertaining the patient’s complaints, laying the facts before the doctor and dispensing the prescriptions.
It brought me in close touch with suffering Indians, most of them indentured men.

The experience stood me in good stead, when during the Boer War I offered my services for nursing the sick and wounded soldiers.

I am convinced that for the proper upbringing of children the parents ought to have a general knowledge of the care and nursing of babies. At every step I have seen the advantages of my careful study of the subject. My children would not have enjoyed the general health that they do today, had I not studied the subject and turned my knowledge to account.

The couple who realise these things will never have sexual union for the fulfilment of their lust, but only when they desire issue. I think it is the height of ignorance to believe that the sexual act is an independent function necessary like sleeping or eating. The world depends for its existence on the act of generation, and the act of generation should be controlled for the ordered growth of the world. He who realises this will control his lust at any cost, equip himself with the knowledge necessary for the physical, mental and spiritual well-being of his progeny, and give the benefit of that knowledge to posterity.

After full discussion and mature deliberation I took the vow (of brahmacharya) in 1906. I had not shared my thoughts with my wife until then, but only consulted her at the time of taking the vow. She had no objection. But I had great difficulty in making the final resolve. I had not the necessary strength. How was I to control my passions? The elimination of carnal relationship with one’s wife seemed a strange thing. But I launched forth with faith in the sustaining power of God.

As I look back upon the years of the vow, I am filled with pleasure and wonderment. The more or less successful practice of self-control had been going
on since 1901. But the freedom and joy that came to me after taking the vow had never been experienced before 1906. Before the vow I had been open to being overcome by temptation at any moment. Now the vow was a sure shield against temptation.

But if it was a matter of ever-increasing joy, let no one believe that it was an easy thing for me. Even when I am past fifty-six years, I realise how hard a thing it is. Every day I realise more and more that it is like walking on the sword’s edge, and I see every moment the necessity for eternal vigilance.

Control of the palate is the first essential in the observance of the vow. I found that complete control of the palate made the observance very easy, and so I now pursued my dietetic experiments not merely from the vegetarian’s but also from the brahmachari’s point of view.

I know it is argued that the soul has nothing to do with what one eats or drinks, as the soul neither eats nor drinks; that it is not what you put inside from without, but what you express outwardly from within, that matters. There is no doubt some force in this. But rather than examine this reasoning, I shall content myself with merely declaring my firm conviction that, for the seeker who would live in fear of God and who would see Him face to face, restraint in diet both as to quantity and quality is as essential as restraint in thought and speech.

I had started on a life of ease and comfort, but the experiment was shortlived. Although I had furnished the house with care, yet it failed to have any hold on me. So no sooner had I launched forth on that life, than I began to cut down expenses. The washerman’s bill was heavy, and as he was besides by no means noted for his punctuality, even two to three dozen shirts and collars proved insufficient for me. Collars had to be changed daily and shirts, if not daily, at least every alternate day. This meant a double expense which appeared to me
unnecessary. So I equipped myself with a washing outfit to save it. I bought a book on washing, studied the art and taught it also to my wife. This no doubt added to my work, but its novelty made it a pleasure.

I shall never forget the first collar that I washed myself. I had used more starch than necessary, the iron had not been made hot enough, and for fear of burning the collar I had not pressed it sufficiently. The result was that, though the collar was fairly stiff, the superfluous starch continually dropped off it. I went to court with the collar on, thus inviting the ridicule of brother barristers, but even in those days I could be impervious to ridicule.

In the same way, as I freed myself from slavery to the washerman, I threw off dependence on the barber. All people who go to England learn there at least the art of shaving, but none, to my knowledge, learn to cut their own hair. I had to learn that too. I once went to an English hair-cutter in Pretoria. He contemptuously refused to cut my hair. I certainly felt hurt, but immediately purchased a pair of clippers and cut my hair before the mirror. I succeeded more or less in cutting the front hair, but I spoiled the back. The friends in the court shook with laughter.

‘What’s wrong with your hair, Gandhi? Rats have been at it?’

‘No. The white barber would not condescend to touch my black hair,’ said I, ‘so I preferred to cut it myself, no matter how badly.’

The reply did not surprise the friends.

The barber was not at fault in having refused to cut my hair. There were every chance of his losing his custom, if he should serve black men.

When the war [Boer] was declared, my personal sympathies were all with the Boers, but I believed then that I had yet no right, in such cases, to enforce my
individual convictions. My loyalty to the British rule drove me to participation with the British in that war. I felt that, if I demanded rights as a British citizen, it was also my duty, as such, to participate in the defence of the British Empire. I held then that India could achieve her complete emancipation only within and through the British Empire. So I collected together as many comrades as possible, and with very great difficulty got their services accepted as an ambulance corps.

Thus service of the Indians in South Africa ever revealed to me new implications of truth at every stage. Truth is like a vast tree, which yields more and more fruit the more you nurture it. The deeper the search in the mine of truth the richer the discovery of the gems buried there, in the shape of openings for an ever greater variety of service.

A variety of incidents in my life have conspired to bring me in close contact with people of many creeds and many communities, and my experience with all of them warrants the statement that I have known no distinction between relatives and strangers, countrymen and foreigners, white and coloured, Hindus and Indians of other faiths, whether Mussulmans, Parsis, Christians or Jews. I may say that my heart has been incapable of making any such distinctions.

In the very first month of Indian Opinion,² I realised that the sole aim of journalism should be service. The newspaper is a great power, but just as an unchained torrent of water submerges whole countrysides and devastates crops, even so an uncontrolled pen serves but to destroy. If the control is from without, it proves more poisonous than want of control. It can be profitable only when exercised from within. If this line of reasoning is correct, how many of the journals in the world would stand the test? But who would stop those that are useless? And who should be the judge? The useful and the useless must, like good and evil generally, go on together, and man must make his choice.
During the days of my education I had read practically nothing outside textbooks, and after I launched into active life I had very little time for reading. I cannot therefore, claim much book knowledge. However, I believe I have not lost much because of this enforced restraint. On the contrary, the limited reading may be said to have enabled me thoroughly to digest what I did read. Of these books, the one that brought about an instantaneous and practical transformation in my life was *Unto This Last*. I translated it later into Gujarati, entitling it *Sarvodaya* (the welfare of all).

I believe that I discovered some of my deepest convictions reflected in this great book of Ruskin, and that is why it so captured me and made me transform my life.

I was anxious to observe *brahmacharya* in thought, word and deed, and equally anxious to devote the maximum time to the *Satyagraha* struggle and fit myself for it by cultivating purity. I was therefore led to make further changes and to impose greater restraints upon myself in the matter of food. The motive for the previous changes had been largely hygienic, but the new experiments were made from a religious standpoint.

Fasting and restriction in diet now played a more important part in my life. Passion in man is generally co-existent with a hankering after the pleasures of the palate. And so it was with me. I have encountered many difficulties in trying to control passion as well as taste, and I cannot claim even now to have brought them under complete subjection. I have considered myself to be a heavy eater. However, as I had adequately realised my shortcomings, I made great efforts to get rid of them, and thanks to this endeavour I have all these years pulled on with my body and put with it my share of work.
I began with a fruit diet, but from the standpoint of restraint I did not find much to choose between a fruit diet and a diet of food grains. I observed that the same indulgence of taste was possible with the former as with the latter, and even more, when one got accustomed to it. I therefore came to attach greater importance to fasting or having only one meal a day on holidays. And if there was some occasion for penance or the like, I gladly utilized it too for the purpose of fasting.

But I also saw that, the body now being drained more effectively, the food yielded greater relish and appetite grew keener. It dawned upon me that fasting could be made as powerful a weapon of indulgence as of restraint.

Fasting can help to curb animal passion, only if it is undertaken with a view to self-restraint. Some of my friends have actually found their animal passion and palate stimulated as an after-effect of fasts. That is to say, fasting is futile unless it is accompanied by an incessant longing for self-restraint.

Fasting and similar discipline is, therefore, one of the means to the end of self-restraint, but it is not all, and if physical fasting is not accompanied by mental fasting, it is bound to end in hypocrisy and disaster.

On Tolstoy Farm\(^3\) we made it a rule that the youngsters should not be asked to do what the teachers did not do, and therefore, when they were asked to do any work, there was always a teacher co-operating and actually working with them. Hence whatever the youngsters learnt, they learnt cheerfully.

Just as physical training was to be imparted through physical exercise, even so the training of the spirit was possible only through the exercise of the spirit. And the exercise of the spirit entirely depended on the life and character of the teacher. The teacher had always to be mindful of his p’s and q’s whether he was in the midst of his boys or not.
It would be idle for me, if I were a liar, to teach boys to tell the truth. A cowardly teacher would never succeed in making his boys valiant, and a stranger to self-restraint could never teach his pupils the value of self-restraint. I saw, therefore, that I must be an eternal object-lesson to the boys and girls living with me. They thus became my teachers, and I learnt I must be good and live straight if only for their sakes. I may say that the increasing discipline and restraint I imposed on myself at Tolstoy Farm was mostly due to those wards of mine.

I never resorted to untruth in my profession, and . . . a large part of my legal practice was in the interest of public work, for which I charged nothing beyond out-of-pocket expenses, and these too I sometimes met myself. My principle was put to the test many a time in South Africa. Often I knew that my opponents had tutored their witnesses, and if I only encouraged my client or his witnesses to lie, we could win the case. But I always resisted the temptation. In my heart of hearts I always wished that I should win only if my client’s case was right.

I warned every new client at the outset that he should not expect me to take up a false case or to coach the witnesses, with the result that I built up such a reputation that no false cases used to come to me. Indeed some of my clients would keep their clean cases for me, and take the doubtful ones elsewhere.

In 1914, I received Gokhale’s instruction to return home via London.

I feel that I have as yet no message to deliver personally to the West. I believe my message to be universal but as yet I feel that I can best deliver it through my work in my own country. If I can show visible success in India, the delivery of the message becomes complete. If I came to the conclusion that India had no use for my message, I should not care to go elsewhere in search of listeners even though I still retained faith in it. If I ventured out of India, I should
do so because I have faith, though I cannot demonstrate it to the satisfaction of all, that the message is being received by India, be it ever so slowly.

I hold myself to be incapable of hating any being on earth. By a long course of prayerful discipline, I have ceased to hate anybody. I know this is a big claim. Nevertheless, I make it in all humility. But I can and do hate evil wherever it exists. I hate the system of government that the British people set up in India. I hate the ruthless exploitation of India even as I hate from the bottom of my heart the hideous system of untouchability for which millions of Hindus have made themselves responsible. But I do not hate the domineering Englishmen as I refuse to hate the domineering Hindus. I seek to reform them in all the loving ways that are open to me.

The trouble with our votaries of *ahimsa* is that they have made of *ahimsa* a blind fetish and put the greatest obstacle in the way of the spread of true *ahimsa* in our midst. The current—and, in my opinion, mistaken—view of *ahimsa* has drugged our conscience and rendered us insensible to a host of other and more insidious forms of *himsa* like harsh words, harsh judgments, ill will, anger, spite and lust of cruelty; it has made us forget that there may be far more *himsa* in the slow torture of men and animals, the starvation and exploitation to which they are subjected out of selfish greed, the wanton humiliation and oppression of the weak and the killing of their self-respect that we witness all around us today than in mere benevolent taking of life.

It is this fundamental misconception about the nature and the scope of *ahimsa*, this confusion about the relative values that is responsible for our mistaking mere non-killing for *ahimsa* and for the fearful amount of *himsa* that goes on in the name of *ahimsa* in our country.
I am painfully aware of the fact that my desire to continue life in the body involves me in constant *himsa*, that is why I am becoming growingly indifferent to this physical body of mine. For instance, I know that in the act of respiration I destroy innumerable invisible germs floating in the air. But I do not stop breathing. The consumption of vegetables involves *himsa* but I cannot give them up. Again there is *himsa* in the use of antiseptics yet I cannot bring myself to discard the use of disinfectants like the kerosene, to rid myself of the mosquito pest and the like. I suffer snakes to be killed in the *ashram* when it is impossible to catch and put them out of harm’s way. I even tolerate the use of the stick to drive the bullocks in the *ashram*. Thus there is no end of *himsa* which I directly and indirectly commit.

When I found myself drawn into the political coil, I asked myself what was necessary for me, in order to remain untouched by immorality, by untruth, by what is known as political gain. I came definitely to the conclusion that, if I had to serve the people in whose midst my life was cast and of whose difficulties I was a witness from day to day, I must discard all wealth, all possession.

I cannot tell you with truth that, when this belief came to me, I discarded everything immediately. I must confess that progress at first was slow. And now, as I recall those days of struggle, I remember that it was also painful in the beginning. But, as days went by, I saw that I had to throw overboard many other things which I used to consider as mine, and a time came when it became a matter of positive joy to give up those things. One after another then, by almost geometric progression, things slipped away from me. And, I can say, a great burden fell off my shoulders, and I felt that I could now walk with ease and do my work also in the service of my fellow men with great comfort and still greater joy. The possession of anything then became a troublesome thing and a burden.
Exploring the cause of that joy, I found that if I kept anything as my own, I had to defend it against the whole world. I found that there were many people who did not have the thing, although they wanted it.

And I said to myself: possession seems to me to be a crime; I can only possess certain things when I know that others, who also want to possess similar things are able to do so. But we know—every one of us can speak from experience—that such a thing is an impossibility. Therefore, the only thing that can be possessed by all is non-possession, not to have anything whatsoever. Or, in other words, a willing surrender... Therefore, having that absolute conviction in me, such must be my constant desire that this body also may be surrendered at the will of God, and while it is at my disposal, must be used not for dissipation, not for self-indulgence, not for pleasure, but merely for service and service the whole of your waking hours. And if this is true with reference to the body, how much more with reference to clothing and other things that we use?

And those who have followed out this vow of voluntary poverty to the fullest extent possible—to reach absolute perfection is an impossibility, but the fullest possible for a human being—those who have reached the ideal of that state, testify that when you dispossess yourself of everything you have, you really possess all the treasures of the world.

My mind is narrow. I have not read much literature. I have not seen much of the world. I have concentrated upon certain things in life and beyond that I have no other interest.

I have not the shadow of a doubt that any man or woman can achieve what I have, if he or she would make the same effort and cultivate the same hope and faith.
There is no such thing as ‘Gandhism’ and I do not want to leave any sect after me. I do not claim to have originated any new principle or doctrine. I have simply tried in my own way to apply the eternal truths to our daily life and problems. There is, therefore, no question of my leaving any code. The opinions I have formed and the conclusions I have arrived at are not final. I may change them tomorrow. I have nothing new to teach the world. Truth and non-violence are as old as the hills. All I have done is to try experiments in both on as vast a scale as I could do. In doing so, I have sometimes erred and learnt by my errors. Life and its problems have thus become to me so many experiments in the practice of truth and non-violence.

Well, all my philosophy, if it may be called by that pretentious name, is contained in what I have said. But, you will not call it ‘Gandhism’; there is no ‘ism’ about it. And no elaborate literature or propaganda is needed about it. The scriptures have been quoted against my position, but I have held faster than ever to the position that truth may not be sacrificed for anything whatsoever. Those who believe in the simple truths I have laid down can propagate them only by living them.

You have given me a teacher in Thoreau, who furnished me through his essay on the ‘Duty of Civil Disobedience’ scientific confirmation of what I was doing in South Africa. Great Britain gave me Ruskin, whose Unto This Last transformed me overnight from a lawyer and city dweller into a rustic living away from Durban on a farm, three miles from the nearest railway station; and Russia gave me in Tolstoy a teacher who furnished a reasoned basis for my non-violence. Tolstoy blessed my movement in South Africa when it was still in its infancy and of whose wonderful possibilities I had yet to learn. It was he who had prophesied
in his letter to me that I was leading a movement which was destined to bring a message of hope to the down-trodden people of the earth.

I have no secrets of my own in this life. I have owned my weaknesses. If I were sensually inclined, I would have the courage to make a confession. It was when I developed detestation of the sensual connexion even with my own wife and had sufficiently tested myself that I took the vow of *brahmacharya* in 1906, and that for the sake of better dedication to the service of the country. From that day, began my open life. . . . And from that day when I began *brahmacharya*, our freedom began. My wife became a free woman, free from my authority as her lord and master, and I became free from my slavery to my own appetite which she had to satisfy. No other woman had any attraction for me in the same sense that my wife had. I was too loyal to her as husband and too loyal to the vow I had taken before my mother to be slave to any other woman. But the manner in which *my* *brahmacharya* came to me irresistibly drew me to woman as the mother of man. . . . *My* *brahmacharya* knew nothing of the orthodox laws governing its observance. I framed my own rules as occasion necessitated. But I have never believed that all contact with woman was to be shunned for the due observance of *brahmacharya*. That restraint which demands abstention from all contact, no matter how innocent, with the opposite sex is a forced growth, having little or no vital value. Therefore, the natural contacts for service were never restrained. And I found myself enjoying the confidence of many sisters, European and Indian, in South Africa. And when I invited the Indian sisters in South Africa to join the civil resistance movement, I found myself one of them. I discovered that I was specially fitted to serve the womankind. My return to India found me in no time one with India’s women. The easy access I had to their hearts was an agreeable revelation to me. Muslim sisters never kept purdah before me here,
even as they did not in South Africa. I sleep in the ashram surrounded by women, for they feel safe with me in every respect. It should be remembered that there is no privacy in the Ashram.

I read a newspaper cutting to the effect that a temple has been erected where my image is being worshipped. This I consider to be a gross form of idolatry. The person who has erected the temple has wasted his resources by misusing them, the villagers who are drawn there are misled, and I am being insulted in that the whole of my life has been caricatured in that temple. Gita is worshipped not by a parrot-like recitation but by following its teaching. Recitation is good and proper only as an aid to action according to its teaching. A man is worshipped only to the extent that he is followed not in his weaknesses, but in his strength. Hinduism is degraded when it is brought down to the level of the worship of the image of a living being. No man can be said to be good before his death. As a matter of fact, God alone knows a man’s heart. And hence, the safest thing is not to worship any person, living or dead, but to worship perfection which resides only in God, known as Truth. It would be a welcome relief, if the owner of the temple removed the image and converted the building into a spinning centre, where the poor will spin for wages, and the others for sacrifice.

My imperfections and failures are as much a blessing from God as my successes and my talents, and I lay them both at His feet. Why should He have chosen me, an imperfect instrument, for such a mighty experiment? I think He deliberately did so. He had to serve the poor dumb ignorant millions. A perfect man might have been their despair. When they found that one with their failings was marching on towards ahimsa, they too had confidence in their own capacity. We should not have recognised a perfect man if he had come as our leader, and we might have driven him to a cave.
When I have become incapable of evil and when nothing harsh or haughty occupies, be it momentarily, my thought-world, then, and not till then, my non-violence will move all the hearts of all the world.

There is a stage in life when a man does not need even to proclaim his thoughts much less to show them by outward action. Mere thoughts act. They attain that power. Then it can be said of him that his seeming inaction constitutes his action. . . . My striving is in that direction.

I would love to attempt an answer to a question which has been addressed to me from more than one quarter of the globe. It is: How can you account for the growing violence among your own people on the part of political parties for the furtherance of political ends? Is this the result of the thirty years of non-violent practice for ending the British rule? Does your message of non-violence still hold good for the world?

In reply I must confess my bankruptcy, not that of non-violence. I have already said that the non-violence that was offered during the past years was that of the weak. India has no experience of the non-violence of the strong.

It is true that the non-violence that we practised was the non-violence of the weak, i.e., no non-violence at all. But I maintain that this was not what I presented to my countrymen. Nor did I present to them the weapon of non-violence because they were weak or disarmed or without military training, but because my study of history has taught me that hatred and violence used in howsoever noble a cause only breed their kind and instead of bringing peace jeopardize it. Thanks to the tradition of our ancient seers, sages and saints, if there is a heritage that India can share with the world, it is this gospel of forgiveness and faith which is her proud possession. I have faith that in time to come, India will pit that against the threat of destruction which the world has
invited upon itself by the discovery of the atom bomb. The weapon of truth and love is infallible.

I must not suppress that voice within, call it conscience, call it the prompting of my inner basic nature. There is something within me impelling me to cry out my agony. I have known exactly what it is. That something in me which never deceives me tells me now: ‘You have to stand against the whole world although you may have to stand alone. You have to stare the world in the face although the world may look at you with blood-shot eyes. Do not fear. Trust that little thing in you which resides in the heart and says: Forsake friends, wife, all; but testify to that for which you have lived and for which you have to die.’

My soul refuses to be satisfied so long as it is a helpless witness of a single wrong or a single misery. But it is not possible for me, a weak, frail, miserable being, to mend every wrong or to hold myself free of blame for all the wrong I see.

It is my constant prayer that I may never have a feeling of anger against my traducers, that even if I fall a victim to an assassin’s bullet, I may deliver up my soul with the remembrance of God upon my lips. I shall be content to be written down an imposter if my lips utter a word of anger or abuse against my assailant at the last moment.

I do not want to die . . . of a creeping paralysis of my faculties—a defeated man. An assassin’s bullet may put an end to my life. I would welcome it. But I would love, above all, to fade out doing my duty with my last breath.

I am not aching for martyrdom, but if it comes in my way in the prosecution of what I consider to be the supreme duty in defence of the faith I hold . . . I shall have earned it.
I do not want to be reborn. But if I have to be reborn, I should be born an untouchable, so that I may share their sorrows, sufferings, and affronts levelled at them, in order that I may endeavour to free myself and them from that miserable condition.

1. Natal Indian Congress organised by Gandhi to agitate against the Bill to disfranchise Indians.
2. A journal founded by Gandhi in South Africa.
3. Tolstoy Farm and the Phoenix Colony were the two settlements or ashrams founded by Gandhi in South Africa where he and his co-workers lived a life of self-discipline and service.
RELIGION AND TRUTH

BY religion, I do not mean formal religion, or customary religion, but that religion which underlies all religions, which brings us face to face with our Maker.

I have not seen Him, neither have I known Him. I have made the world’s faith in God my own.

To me God is Truth and Love; God is ethics and morality; God is fearlessness. God is the source of Light and Life, and yet He is above and beyond all these. God is conscience. He is even the atheism of the atheist. . . . He is a personal God to those who need His personal presence. He is embodied to those who need His touch. He is all things to all men. . . . He is long-suffering. He is patient but He is also terrible. . . . With Him ignorance is no excuse. And withal He is ever forgiving, for He always gives us the chance to repent. He is the greatest democrat the world knows, for He leaves us ‘unfettered’ to make our own choice between evil and good. He is the greatest tyrant ever known, for He often dashes the cup from our lips and, under the cover of free will, leaves us a margin so wholly inadequate as to provide only mirth for Himself. . . .

To see the universal and all-pervading Spirit of Truth face to face one must be able to love the meanest of creation as oneself. And a man who aspires after that cannot afford to keep out of any field of life. That is why my devotion to truth has drawn me into the field of politics.

I am endeavouring to see God through service of humanity, for I know that God is neither in heaven, nor down below, but in every one.

Indeed religion should pervade every one of our actions. Here religion does not mean sectarianism. It means a belief in ordered moral government of the universe. It is not less real because it is unseen. This religion transcends Hinduism,
Islam, Christianity, etc. It does not supersede them. It harmonises them and gives them reality.

After long study and experience, I have come to the conclusion that (1) all religions are true; (2) all religions have some error in them; (3) all religions are almost as dear to me as my own Hinduism, in as much as all human beings should be as dear to one as one’s own close relatives. My own veneration for other faiths is the same as that for my own faith; therefore no thought of conversion is possible.

I do not believe in the exclusive divinity of the Vedas. I believe the Bible, the Koran and the Zend Avesta, to be as much divinely inspired as the Vedas. My belief in the Hindu scriptures does not require me to accept every word and every verse as divinely inspired. . . . I decline to be bound by any interpretation, however learned it may be, if it is repugnant to reason or moral sense.

The prayer has saved my life. Without it, I should have been a lunatic long ago. I had my share of the bitterest public and private experiences. They threw me in temporary despair. If I was able to get rid of that despair, it was because of prayer. In spite of despair staring me in the face on the political horizon, I have never lost my peace. That peace comes from prayer. I am not a man of learning, but I humbly claim to be a man of prayer. I am indifferent as to the form.

Man’s ultimate aim is the realisation of God, and all his activities, political, social and religious, have to be guided by the ultimate aim of the vision of God. The immediate service of all human beings becomes a necessary part of the endeavour simply because the only way to find God is to see Him in His creation and be one with it. This can only be done by service of all. And this cannot be done except through one’s country. My countrymen are my nearest neighbours.
They have become so helpless, so resourceless, so inert that I must concentrate on serving them.

If I did not feel the presence of God within me, I see so much of misery and disappointment every day that I would be a raving maniac.

I am surer of His existence than of the fact that you and I are sitting in this room. Then I can also testify that I may live without air and water but not without Him. You may pluck out my eyes, but that cannot kill me. But blast my belief in God, and I am dead.

I could not live for a single second without religion. Many of my political friends despair of me because they say that even my politics are derived from religion. And they are right. My politics and all other activities of mine are derived from my religion. I go further and say that every activity of a man of religion must be derived from his religion.

For me, politics bereft of religion are absolute dirt, ever to be shunned. Politics concern nations and that which concerns the welfare of nations must be one of the concerns of a man who is religiously inclined, in other words, a seeker after God and Truth.

I could not be leading a religious life unless I identified myself with the whole of mankind, and that I could not do unless I took part in politics. The whole gamut of man’s activities today constitute an indivisible whole. You cannot divide social, economic, political and purely religious work into watertight compartments. I do not know any religion apart from human activity. It provides a moral basis to all other activities which they would otherwise lack.

I am devoted to none but Truth and I owe no discipline to anybody but Truth.
Truth is the first thing to be sought for, and Beauty and Goodness will then be added unto you. That is what Christ really taught in the Sermon on the Mount. Jesus was, to my mind, a supreme artist because he saw and expressed Truth; and so was Muhammad, the Koran being the most perfect composition in all Arabic literature—at any rate, that is what scholars say. It is because both of them strove first for Truth that the grace of expression naturally came in, and yet neither Jesus nor Muhammad wrote on Art. That is the Truth and Beauty I crave for, live for, and would die for.

I see and find beauty in Truth or through Truth. All Truth — not merely true ideas, but truthful faces, truthful pictures or songs are highly beautiful. People generally fail to see beauty in Truth, the ordinary man runs away from and becomes blind to the beauty in it. Whenever men begin to see beauty in Truth, then true art will arise.

To a true artist only that face is beautiful which, quite apart from its exterior, shines with the truth within the soul. There is . . . no beauty apart from Truth. On the other hand, Truth may manifest itself in forms which may not be outwardly beautiful at all. Socrates, we are told, was the most truthful man of his time, and yet his features are said to have been the ugliest in Greece. To my mind he was beautiful because all his life was a striving after Truth.

I lay claim to nothing exclusively divine in me. I do not claim prophetship. I am but a humble seeker after Truth and bent upon finding it. I count no sacrifice too great for the sake of seeing God face to face. The whole of my activity whether it may be called social, political, humanitarian or ethical is directed to that end. And as I know that God is found more often in the lowliest of His creatures than in the high and mighty, I am struggling to reach the status of these. I cannot do so without their service. Hence my passion for the service of the
suppressed classes. And as I cannot render this service without entering politics, I find myself in them. Thus I am no master, I am but a struggling, erring, humble servant of India and, therethrough, of humanity.

I reject any religious doctrine that does not appeal to reason and is in conflict with morality. I tolerate unreasonable religious sentiment when it is not immoral.

As soon as we lose the moral basis, we cease to be religious. There is no such thing as religion overriding morality. Man, for instance, cannot be untruthful, cruel and incontinent and claim to have God on his side.

Our desires and motives may be divided into two classes—selfish and unselfish. All selfish desires are immoral, while the desire to improve ourselves for the sake of doing good to others is truly moral. The highest moral law is that we should unremittingly work for the good of mankind.

Scriptures cannot transcend reason and truth. They are intended to purify reason and illuminate truth.

Error can claim no exemption even if it can be supported by the scriptures of the world.

I do not hold that everything ancient is good because it is ancient. I do not advocate surrender of God-given reasoning faculty in the face of ancient tradition. Any tradition, however ancient, if inconsistent with morality, is fit to be banished from the land. Untouchability may be considered to be an ancient tradition, the institution of child widowhood and child marriage may be considered to be an ancient tradition, and even so many an ancient horrible belief and superstitious practice. I would sweep them out of existence if I had the power.
Whenever I see an erring man, I say to myself I have also erred; when I see a lustful man I say to myself, so was I once; and in this way I feel kinship with every one in the world and feel that I cannot be happy without the humblest of us being happy.

We often confuse spiritual knowledge with spiritual attainment. Spirituality is not a matter of knowing scriptures and engaging in philosophical discussions. It is a matter of heart culture, of unmeasurable strength. Fearlessness is the first requisite of spirituality. Cowards can never be moral.

There is nothing on earth that I would not give up for the sake of the country excepting of course two things and two only, namely, truth and non-violence. I would not sacrifice these two for all the world. For to me Truth is God and there is no way to find Truth except the way of non-violence. I do not seek to serve India at the sacrifice of Truth or God. For I know that a man who forsakes Truth can forsake his country, and his nearest and dearest ones.
AHIMSA OR THE WAY OF NON-VIOLENCE

SOME friends have told me that truth and non-violence have no place in politics and worldly affairs. I do not agree. I have no use for them as a means of individual salvation. Their introduction and application in everyday life has been my experiment all along.

No man could be actively non-violent and not rise against social injustice no matter where it occurred.

Passive resistance is a method of securing rights by personal suffering; it is the reverse of resistance by arms. When I refuse to do a thing that is repugnant to my conscience, I use soul-force. For instance, the government of the day has passed a law which is applicable to me. I do not like it. If by using violence I force the government to repeal the law, I am employing what may be termed body-force. If I do not obey the law and accept the penalty for its breach, I use soul-force. It involves sacrifice of self.

Moreover, if this kind of force is used in a cause that is unjust, only the person using it suffers. He does not make others suffer for his mistakes. Men have before now done many things which were subsequently found to have been wrong. No man can claim that he is absolutely in the right or that a particular thing is wrong because he thinks so, but it is wrong for him so long as that is his deliberate judgment. It is therefore meet that he should not do that which he knows to be wrong, and suffer the consequence whatever it may be. This is the key to the use of soul-force.

It is my dream that my country may win its freedom through non-violence. And, I would like to repeat to the world times without number that, I will not purchase my country’s freedom at the cost of non-violence.
Up to the year 1906, I simply relied on appeal to reason. I was a very industrious reformer. I was a good draftsman, as I always had a close grip of facts which in its turn was the necessary result of my meticulous regard for truth. But I found that reason failed to produce an impression when the critical moment arrived in South Africa. My people were excited; even a worm will and does sometimes turn—and there was talk of wreaking vengeance. I had then to choose between allying myself to violence or finding out some other method of meeting the crisis and stopping the rot, and it came to me that we should refuse to obey legislation that was degrading and let them put us in jail if they liked. Thus came into being the moral equivalent of war. Since then the conviction has been growing upon me, that things of fundamental importance to the people are not secured by reason alone but have to be purchased with their suffering. Suffering is the law of human beings; war is the law of the jungle. But suffering is infinitely more powerful than the law of the jungle for converting the opponent and opening his ears, which are otherwise shut, to the voice of reason. Nobody has probably drawn up more petitions or espoused more forlorn causes than I, and I have come to this fundamental conclusion that if you want something really important to be done you must not merely satisfy the reason, you must move the heart also. The appeal of reason is more to the head but the penetration of the heart comes from suffering. It opens up the inner understanding in man. Suffering is the badge of the human race, not the sword.

Non-violence is a power which can be wielded equally by all—children, young men and women or grown up people—provided they have a living faith in the God of Love and have therefore equal love for all mankind. When non-violence is accepted as the law of life it must pervade the whole being and not be applied to isolated acts.
If we are to be non-violent, we must not wish for anything on this earth which the meanest or the lowest of human beings cannot have.

The principle of non-violence necessitates complete abstention from exploitation in any form.

In its positive form, *ahimsa* means the largest love, greatest charity. If I am a follower of *ahimsa* I must love my enemy. I must apply the same rules to the wrong-doer who is my enemy or a stranger to me, as I would to my wrong-doing father or son. This active *ahimsa* necessarily includes truth and fearlessness. As man cannot deceive the loved one, he does not fear or frighten him. The practice of *ahimsa* calls forth the greatest courage.

Having flung aside the sword, there is nothing except the cup of love which I can offer to those who oppose me. It is by offering that cup that I expect to draw them close to me. I cannot think of permanent enmity between man and man, and believing as I do in the theory of rebirth, I live in the hope that if not in this birth, in some other birth, I shall be able to hug all humanity in friendly embrace.

Love is the strongest force the world possesses and yet it is the humblest imaginable.

The hardest heart and the grossest ignorance must disappear before the rising sun of suffering without anger and without malice.

Non-violence is ‘not a resignation from all real fighting against wickedness’. On the contrary, the non-violence of my conception is a more active and real fight against wickedness than retaliation whose very nature is to increase wickedness. I seek entirely to blunt the edge of the tyrant’s sword, not by putting up against it a sharper-edged weapon, but by disappointing his expectation that I would be offering physical resistance. The resistance of the soul that I should offer would
elude him. It would at first dazzle him and at last compel recognition from him, which recognition would not humiliate but would uplift him.

Non-violence to be a potent force must begin with the mind. Non-violence of the mere body without the co-operation of the mind is non-violence of the weak or the cowardly, and has therefore no potency. If we bear malice and hatred in our bosoms and pretend not to retaliate, it must recoil upon us and lead to our destruction.

I do not believe in short-violent-cuts to success... However much I may sympathise with and admire worthy motives, I am an uncompromising opponent of violent methods even to serve the noblest of causes. There is, therefore, really no meeting-ground between the school of violence and myself. But my creed of non-violence not only does not preclude me but compels me even to associate with anarchists and all those who believe in violence. But that association is always with the sole object of weaning them from what appears to me their error. For experience convinces me that permanent good can never be the outcome of untruth and violence.

I object to violence because when it appears to do good, the good is only temporary; the evil it does is permanent. I do not believe that the killing of every Englishman can do the slightest good to India. The millions will be just as badly off as they are today, if someone made it possible to kill off every Englishman tomorrow. The responsibility is more ours than that of the English for the present state of things. The English will be powerless to do evil if we will but do good. Hence my incessant emphasis on reform from within.

History teaches one that those who have, no doubt with honest motives, ousted the greedy by using brute force against them, have in their turn become a prey to the disease of the conquered.
From violence done to the foreign ruler, violence to our own people whom we may consider to be obstructing the country’s progress is an easy natural step.

I have been practising with scientific precision non-violence and its possibilities for an unbroken period over fifty years. I have applied it in every walk of life—domestic, institutional, economic and political. I know of no single case in which it has failed. Where it has seemed sometimes to have failed, I have ascribed it to my imperfections. I claim no perfection for myself. But I do claim to be a passionate seeker after Truth, which is but another name for God. In the course of that search the discovery of non-violence came to me. Its spread is my life mission. I have no interest in living except for the prosecution of that mission.

It is to me a matter of perennial satisfaction that I retain generally the affection and trust of those whose principles and policies I oppose. The South Africans gave me personally their confidence and extended their friendship. In spite of my denunciation of British policy and system I enjoy the affection of thousands of Englishmen and women, and in spite of unqualified condemnation of modern materialistic civilization, the circle of European and American friends is ever widening. It is again a triumph of non-violence.

It is the acid test of non-violence that in a non-violent conflict there is no rancour left behind, and in the end the enemies are converted into friends. That was my experience in South Africa with General Smuts. He started with being my bitterest opponent and critic. Today he is my warmest friend.

The strength to kill is not essential for self-defence; one ought to have the strength to die. When a man is fully ready to die, he will not even desire to offer violence. Indeed, I may put it down as a self-evident proposition that the desire to kill is in inverse proportion to the desire to die. And history is replete with
instances of men who by dying with courage and compassion on their lips converted the hearts of their violent opponents.

Disobedience to be civil must be sincere, respectful, restrained, never defiant, must be based upon some well-understood principle, must not be capricious and above all, must have no ill-will or hatred behind it.

Jesus Christ, Daniel and Socrates represented the purest form of passive resistance or soul-force. All these teachers counted their bodies as nothing in comparison to their soul. Tolstoy was the best and brightest (modern) exponent of the doctrine. He not only expounded it, but lived according to it. In India, the doctrine was understood and commonly practised long before it came into vogue in Europe.

Buddha fearlessly carried the war into the enemy’s camp and brought down on its knees an arrogant priesthood. Christ drove out the money-changers from the temple of Jerusalem. Both were for intensely direct action. But even as Buddha and Christ chastised, they showed unmistakable gentleness and love behind every act of theirs. They would not raise a finger against their enemies, but would gladly surrender themselves rather than the truth for which they lived. Buddha would have died resisting the priesthood, if the majesty of his love had not proved to be equal to the task of bending the priesthood. Christ died on the cross with a crown of thorns on his head defying the might of a whole empire. And if I raise resistances of a non-violent character, I simply and humbly follow in the footsteps of the great teachers.

In life, it is impossible to eschew violence completely. Now the question arises, where is one to draw the line? The line cannot be the same for everyone. For, although, essentially the principle is the same, yet everyone applies it in his or her own way. What is one man’s food can be another’s poison.
If I wish to be an agriculturist and stay in a jungle, I will have to use the minimum unavoidable violence, in order to protect my fields. I will have to kill monkeys, birds and insects, which eat up my crops. If I do not wish to do so myself, I will have to engage someone to do it for me. There is not much difference between the two. To allow crops to be eaten up by animals, in the name of *ahimsa*, while there is a famine in the land, is certainly a sin. Evil and good are relative terms. What is good under certain conditions can become an evil or a sin, under a different set of conditions.

My creed of non-violence is an extremely active force. It has no room for cowardice or even weakness. There is hope for a violent man to be some day non-violent, but there is none for a coward. I have therefore said more than once that if we do not know how to defend ourselves, our women and our places of worship by the force of suffering, i.e., non-violence, we must, if we are men, be at least able to defend all these by fighting.

I would risk violence a thousand times than the emasculation of a whole race.

My non-violence does not admit of running away from danger and leaving dear ones unprotected. Between violence and cowardly flight, I can only prefer violence to cowardice. Non-violence is the summit of bravery. And in my own experience, I have had no difficulty in demonstrating to men trained in the school of violence the superiority of non-violence. As a coward, which I was for years, I harboured violence. I began to prize non-violence only when I began to shed cowardice.

I am not pleading for India to practise non-violence because it is weak. I want her to practise non-violence being conscious of her strength and power. I want to recognize that she has a soul that cannot perish and that can rise
triumphant above every physical weakness and defy the physical combination of a whole world. . . . If India takes up the doctrine of the sword, she may gain momentary victory. Then India will cease to be the pride of my heart.

I must continue to argue till I convert opponents or I own defeat. For my mission is to convert every Indian, even Englishmen and finally the world, to non-violence for regulating mutual relations whether political, economic, social or religious.

If India makes violence her creed, and I have survived, I would not care to live in India. She will cease to evoke any pride in me. My patriotism is subservient to my religion. I cling to India like a child to its mother’s breast, because I feel that she gives me the spiritual nourishment I need. She has the environment that responds to my highest aspiration. When that faith is gone, I shall feel like an orphan without hope of ever finding a guardian.
SELF-DISCIPLINE

CIVILIZATION, in the real sense of the term, consists not in multiplication but in the deliberate and voluntary restriction of wants. This alone promotes real happiness and contentment, and increases the capacity for service.

A certain degree of physical harmony and comfort is necessary, but above that level, it becomes a hindrance instead of a help. Therefore the ideal of creating an unlimited number of wants and satisfying them seems to be a delusion and a snare. The satisfaction of one’s physical needs, even the intellectual needs of one’s narrow self, must meet at a point a dead stop before it degenerates into physical and intellectual voluptuousness. A man must arrange his physical and cultural circumstances so that they may not hinder him in his service of humanity, on which all his energies should be concentrated.

True happiness is impossible without true health and true health is impossible without a rigid control of the palate. All the other senses will automatically come under control when the palate has been brought under control. And he who has conquered his senses has really conquered the whole world, and he becomes a part of God.

I have taken up journalism not for its sake but merely as an aid to what I have conceived to be my mission in life. I am anxious, indeed I am impatient, to demonstrate that there is no remedy for the many ills of life save that of non-violence. It is a solvent strong enough to melt the stoniest heart. To be true to my faith, therefore, I may not write in anger or malice. I may not write idly. I may not write merely to excite passion. The reader can have no idea of the restraint I have to exercise from week to week in the choice of topics and my vocabulary. It is a training for me. It enables me to peep into myself and to make discoveries of my weaknesses. Often my vanity dictates a smart expression or my anger a harsh
adjective. It is a terrible ordeal but a fine exercise to remove these weeds. The reader sees the pages of the *Young India* fairly well-dressed-up and sometimes, with Romain Rolland, he is inclined to say ‘what a fine old man this must be!’ Well, let the world understand that the fineness is carefully and prayerfully cultivated.

I have learnt through bitter experience the one supreme lesson to conserve my anger, and as heat conserved is transmuted into energy, even so our anger controlled can be transmuted into a power which can move the world.

You will wish to know what the marks of a man are who wants to realise Truth which is God. He must be completely free from anger and lust, greed and attachment, pride and fear. He must reduce himself to zero and have perfect control over all his senses—beginning with the palate or tongue. Tongue is the organ of speech as well as of taste. It is with the tongue that we indulge in exaggeration, untruth and speech that hurts. The craving for taste makes us slaves to the palate so that like animals we live to eat. But with proper discipline, we can make ourselves into beings only a ‘little below the angels’. He who has mastered his senses is first and foremost among men. All virtues reside in him. God manifests Himself through him. Such is the power of self-discipline.

Abstemiousness from intoxicating drinks and drugs, and from all kinds of foods, especially meat, is undoubtedly a great aid to the evolution of the spirit, but it is by no means an end in itself. Many a man eating meat and living in the fear of God is nearer his freedom than a man religiously abstaining from meat and many other things, but blaspheming God in every one of his acts.

Experience teaches that animal food is unsuited to those who would curb their passions. But it is wrong to overestimate the importance of food in the
formation of character or in subjugating the flesh. Diet is a powerful factor not to be neglected. But to sum up all religion in terms of diet, as is often done in India, is as wrong as it is to disregard all restraint in regard to diet and to give full reins to one’s appetite.

Experience has taught me that silence is a part of the spiritual discipline of a votary of truth. Proneness to exaggerate, to suppress or modify the truth, wittingly or unwittingly, is a natural weakness of man, and silence is necessary in order to surmount it. A man of few words will rarely be thoughtless in his speech; he will measure every word.

All power comes from the preservation of and sublimation of the vitality that is responsible for the creation of life. This vitality is continuously and even unconsciously dissipated by evil or even rambling, disorderly, unwanted thoughts. And since thought is the root of all speech and action, the quality of the latter corresponds to that of the former. Hence perfectly controlled thought is itself power of the highest potency.
INTERNATIONAL PEACE

I do not believe that an individual may gain spiritually and those that surround him suffer. I believe in the essential unity of man and for that matter of all that lives. Therefore I believe that if one man gains spiritually, the whole world gains with him and, if one man falls, the whole world falls to that extent.

There is not a single virtue which aims at, or is content with, the welfare of the individual alone. Conversely, there is not a single moral offence which does not, directly or indirectly, affect many others besides the actual offender. Hence, whether an individual is good or bad is not merely his own concern, but really the concern of the whole community, nay, of the whole world.

My mission is not merely brotherhood of Indian humanity. My mission is not merely freedom of India, though today it undoubtedly engrosses practically the whole of my life and the whole of my time. But through realisation of freedom of India I hope to realise and carry on the mission of the brotherhood of man. My patriotism is not an exclusive thing. It is all-embracing and I should reject that patriotism which sought to mount upon the distress or the exploitation of other nationalities. The conception of my patriotism is nothing if it is not always, in every case without exception, consistent with the broadest good of humanity at large. Not only that, but my religion and my patriotism derived from my religion embrace all life. I want to realise brotherhood or identity not merely with the beings called human, but I want to realise identity with all life. I want to realise identity with even the crawling things upon earth, because we claim descent from the same God, and that being so, all life in whatever form it appears must be essentially one.

Duties to self, to the family, to the country and to the world are not independent of one another. One cannot do good to the country by injuring
himself or his family. Similarly one cannot serve the country, injuring the world at large. I live for India’s freedom and would die for it, because it is part of Truth. Only a free India can worship the true God. I work for India’s freedom because my swadeshi teaches me that being born in it and having inherited her culture, I am fittest to serve her and she has a prior claim to my service. But my patriotism is not exclusive; it is calculated not only not to hurt another nation but to benefit all in the true sense of the word.

We want freedom for our country, but not at the expense or exploitation of others, not so as to degrade other countries. I do not want the freedom of India if it means the extinction of England or the disappearance of Englishmen. I want the freedom of my country so that other countries may learn something from my free country, so that the resources of my country might be utilised for the benefit of mankind. Just as the cult of patriotism teaches us today that the individual has to die for the family, the family has to die for the village, the village for the district, the district for the province, and the province for the country, even so, a country has to be free in order that it may die, if necessary, for the benefit of the world. My love therefore of nationalism or my idea of nationalism, is that my country may die, so that the human race may live.

We are all members of the vast human family. I decline to draw any distinctions. I cannot claim any superiority for Indians. We have the same virtues and the same vices. Humanity is not divided into watertight compartments. I would not say: ‘India should be all in all, let the whole world perish.’ That is not my message. India should be all in all, consistently with the well-being of other nations of the world. I can keep India intact and its freedom also intact only if I have goodwill towards the whole of the human family and not merely for the human family which inhabits this little spot of the earth called India. It is big
enough compared to other smaller nations, but what is India in the wide world or in the universe?
MAN AND MACHINE

I must confess that I do not draw a sharp line or any distinction between economics and ethics. Economics that hurt the moral well-being of an individual or a nation are immoral and, therefore, sinful. Thus, the economics that permit one country to prey upon another are immoral.

The end to be sought is human happiness combined with full mental and moral growth. I use the adjective moral as synonymous with spiritual. This end can be achieved under decentralisation. Centralisation as a system is inconsistent with a non-violent structure of society.

I would categorically state my conviction that the mania for mass production is responsible for the world crisis.

Mass production takes no note of the real requirement of the consumer. If mass production were in itself a virtue, it should be capable of indefinite multiplication. But it can be definitely shown that mass production carries within it its own limitations. If all countries adopted the system of mass production there would not be a big enough market for their products. Mass production must then come to a stop.

I don’t believe that industrialisation is necessary in any case for any country. It is much less so for India. Indeed I believe that independent India can only discharge her duty towards a groaning world by adopting a simple but ennobled life by developing her thousands of cottages and living at peace with the world. High thinking is inconsistent with a complicated material life, based on high speed imposed on us by Mammon worship. All the graces of life are possible, only when we learn the art of living nobly.
What is the cause of the present chaos? It is exploitation of nations by sister nations. And my fundamental objection to machinery rests on the fact that it is machinery that has enabled these nations to exploit others.

I would destroy that system today, if I had the power. I would use the most deadly weapons, if I believed that they would destroy it. I refrain only because the use of such weapons would only perpetuate the system, though it may destroy its present administrators. Those who seek to destroy men rather than manners, adopt the latter and become worse than those whom they destroy under the mistaken belief that the manners will die with the men. They do not know the root of the evil.

Machinery has its place; it has come to stay. But it must not be allowed to displace necessary human labour. An improved plough is a good thing. But if by some chance one man could plough up, by some mechanical invention of his, the whole of the land of India and control all the agricultural produce and if the millions had no other occupation, they would starve, and being idle, they would become dunces, as many have already become.

I would welcome every improvement in the cottage machine, but I know that it is criminal to displace hand-labour by the introduction of power-driven spindles unless one is at the same time ready to give millions of farmers some other occupation in their homes.

What I object to, is the ‘craze’ for machinery, not machinery as such. The craze is for what they call labour-saving machinery. Men go on ‘saving labour’ till thousands are without work and thrown on the open streets to die of starvation. I want to save time and labour, not for a fraction of mankind, but for all; I want the concentration of wealth, not in the hands of a few, but in the hands of all. Today machinery merely helps a few to ride on the back of millions. The impetus
behind it all is not the philanthropy to save labour, but greed. It is against this constitution of things that I am fighting with all my might.

The supreme consideration is man. The machine should not tend to make atrophied the limbs of man. For instance, I would make intelligent exceptions. Take the case of the Singer Sewing Machine. It is one of the few useful things ever invented, and there is a romance about the device itself. Singer saw his wife labouring over the tedious process of sewing and seaming with her hands, and simply out of his love for her he devised the sewing machine in order to save her from unnecessary labour. He, however, saved not only her labour but also the labour of everyone who could purchase a sewing machine.

It is an alteration in the condition of labour that I want. This mad rush for wealth must cease, and the labourer must be assured, not only of a living wage, but a daily task that is not a mere drudgery. The machine will, under these conditions, be as much a help to the man working it as to the State, or the man who owns it. The present mad rush will cease, and the labourer will work under attractive conditions. This is but one of the exceptions I have in mind. The sewing machine had love at its back. The individual is the one supreme consideration. The saving of labour of the individual should be the object, and the honest humanitarian consideration, and not greed, the motive. Replace greed by love and everything will come right.

Hand-spinning alone offers an immediate, practicable, and permanent solution of that problem of problems that confronts India, viz., the enforced idleness for nearly six months in the year of an overwhelming majority of India’s population, owing to lack of a suitable supplementary occupation to agriculture and the chronic starvation of the masses that results therefrom.
The entire foundation of the spinning wheel rests on the fact that there are crores of semi-employed people in India. And I should admit that if there were none such, there would be no room for the spinning wheel.

A starving man thinks first of satisfying his hunger before anything else. He will sell his liberty and all for the sake of getting a morsel of food. Such is the position of millions of the people of India. For them, liberty, God and all such words are merely letters put together without the slightest meaning. They jar upon them. If we want to give these people a sense of freedom we shall have to provide them with work which they can easily do in their desolate homes and which would give them at least the barest living. This can only be done by the spinning wheel. And when they have become self-reliant and are able to support themselves, we are in a position to talk to them about freedom. Those, therefore, who bring them work and means of getting a crust of bread will be their deliverers and will be also the people who will make them hunger for liberty.

Little do town-dwellers know how the semi-starved masses of India are slowly sinking to lifelessness. Little do they know that their miserable comfort represents the brokerage they get for the work they do for the foreign exploiter, that the profits and the brokerage are sucked from the masses. Little do they realise that the government established by law in British India is carried on for this exploitation of the masses. No sophistry, no jugglery in figures can explain away the evidence that the skeletons in many villages present to the naked eye. I have no doubt whatsoever that both England and the town-dwellers of India will have to answer, if there is a God above, for this crime against humanity which is perhaps unequalled in history.

I would favour the use of the most elaborate machinery if thereby India’s pauperism and resulting idleness be avoided. I have suggested hand-spinning as
the only ready means of driving away penury and making famine of work and wealth impossible. The spinning wheel itself is a piece of valuable machinery, and in my own humble way I have tried to secure improvements in it in keeping with the special conditions of India.

I would say that if the village perishes, India will perish too. India will be no more India. Her own mission in the world will get lost. The revival of the village is possible only when it is no more exploited. Industrialisation on a mass scale will necessarily lead to passive or active exploitation of the villagers as the problems of competition and marketing come in. Therefore we have to concentrate on the village being self-contained, manufacturing mainly for use. Provided this character of the village industry is maintained, there would be no objection to villagers using even the modern machines and tools that they can make and can afford to use. Only they should not be used as a means of exploitation of others.
POVERTY IN THE MIDST OF PLENTY

THAT economics is untrue which ignores or disregards moral values.

According to me the economic constitution of India and for that matter of the world, should be such that no one under it should suffer from want of food and clothing. In other words everybody should be able to get sufficient work to enable him to make the two ends meet. And this ideal can be universally realised only if the means of production of the elementary necessaries of life remain in the control of the masses. These should be freely available to all as God’s air and water are or ought to be; they should not be made a vehicle of traffic for the exploitation of others. Their monopolisation by any country, nation or group of persons would be unjust. The neglect of this simple principle is the cause of the destitution that we witness today not only in this unhappy land but in other parts of the world too.

I suggest that we are thieves in a way. If I take anything that I do not need for my own immediate use, and keep it, I thieve it from somebody else. I venture to suggest that Nature produces enough for our wants, and if only everybody took enough for himself and nothing more, there would be no pauperism in this world, there would be no man dying of starvation in this world. But so long as we have got this inequality, so long we are thieving. I am no socialist and I do not want to dispossess those who have got possessions; but I do say that, personally, those of us who want to see light out of darkness have to follow this rule. I do not want to dispossess anybody. I should then be departing from the rule of ahimsa. If somebody else possesses more than I do, let him. But so far as my own life has to be regulated, I do say that I dare not possess anything which I do not want. In India we have millions of people having to be satisfied with one meal a day, and that meal consisting of a chapati containing no fat in it, and a pinch of salt. You
and I have no right to anything that we really have until these millions are clothed and fed better. You and I, who ought to know better, must adjust our wants, and even undergo voluntary starvation in order that they may be nursed, fed and clothed.

Non-possession is allied to non-stealing. A thing not originally stolen must nevertheless be classified stolen property, if one possesses it without needing it. Possession implies provision for the future. A seeker after Truth, a follower of the Law of Love cannot hold anything against tomorrow. The rich have a superfluous store of things which they do not need, and which are therefore neglected and wasted, while millions are starved to death for want of sustenance. If each retained possession only of what he needed, no one would be in want, and all would live in contentment. As it is, the rich are discontented no less than the poor. The poor man would fain become a millionaire, and the millionaire a multimillionaire. The rich should take the initiative in dispossession with a view to a universal diffusion of the spirit of contentment. If only they keep their own property within moderate limits, the starving will be easily fed, and will learn the lesson of contentment along with the rich.

Economic equality is the master key to non-violent independence. Working for economic equality means abolishing the eternal conflict between capital and labour. It means the levelling down of the few rich in whose hands is concentrated the bulk of the nation’s wealth on the one hand, and a levelling up of the semi-starved naked millions on the other. A non-violent system of government is clearly an impossibility so long as the wide gulf between the rich and the hungry millions persists. The contrast between the palaces of New Delhi and the miserable hovels of the poor, labouring class cannot last one day in a free India in which the poor will enjoy the same power as the richest in the land. A
violent and bloody revolution is a certainty one day unless there is a voluntary abdication of riches and the power that riches give and sharing them for the common good.

Now let us consider how equal distribution can be brought about through non-violence. The first step towards it is for him who has made this ideal part of his being to bring about the necessary changes in his personal life. He would reduce his wants to a minimum, bearing in mind the poverty of India. His earnings would be free of dishonesty. The desire for speculation would be renounced. His habitation would be in keeping with his new mode of life. There would be self-restraint exercised in every sphere of life. When he has done all that is possible in his own life, then only will he be in a position to preach this ideal among his associates and neighbours.

Indeed at the root of this doctrine of equal distribution must lie that of the trusteeship of the wealthy for superfluous wealth possessed by them.

If however, in spite of the utmost effort, the rich do not become guardians of the poor in the true sense of the term and the latter are more and more crushed and die of hunger, what is to be done? The rich cannot accumulate wealth without the co-operation of the poor in society. If this knowledge were to penetrate to and spread amongst the poor, they would become strong and would learn how to free themselves by means of non-violence from the crushing inequalities which have brought them to the verge of starvation.

I cannot imagine anything nobler or more national than that for, say, one hour in the day, we should all do the labour that the poor must do, and thus identify ourselves with them and through them with all mankind. I cannot imagine better worship of God than that in His name I should labour for the poor even as they do.
‘Earn thy bread by the sweat of thy brow’ says the Bible, Sacrifices may be of many kinds. One of them may well be bread labour. If all laboured for their bread and no more, then there would be enough food and enough leisure for all. Then there would be no cry of over-population, no disease and no such misery as we see around. Such labour will be the highest form of sacrifice. Men will no doubt do many other things either through their bodies or through their minds, but all this will be labour of love for the common good. There will then be no rich and no poor, none high and none low.

My ahimsa would not tolerate the idea of giving a free meal to a healthy person who has not worked for it in some honest way and if I had the power, I would stop every sadavrata where free meals are given. It has degraded the nation and it has encouraged laziness, idleness, hypocrisy and even crime.

True to his poetic instinct, the poet lives for the morrow and would have us do likewise. He presents to our admiring gaze the beautiful picture of the birds early in the morning singing hymns of praise as they soar into the sky. These birds have had their day’s food and soared with rested wings, in whose veins new blood had flown during the previous night. But I have had the pain of watching birds who for want of strength could not be coaxed even into a flutter of their wings. The human bird under the Indian sky gets up weaker than when he pretended to retire. For millions it is an eternal vigil or an eternal trance. It is an indescribably painful state which has got to be experienced to be realised. I have found it impossible to soothe suffering patients with a song. The hungry millions ask for one poem—invigorating food. They cannot be given it. They must earn it. And they can earn only by the sweat of their brow.

Imagine, therefore, what a calamity it must be to have millions unemployed and underemployed, millions becoming degraded every day for
want of employment, devoid of self-respect, devoid of faith in God. I may as well place before the dog over there the message of God as before those hungry millions who have no lustre in their eyes and whose only God is their bread. I can take before them a message of God only by taking the message of sacred work before them. It is good enough to talk of God whilst we are sitting here after a nice breakfast and looking forward to a nicer luncheon, but how am I to talk of God to the millions who have to go without two meals a day? To them God can only appear as bread.

To a people famishing and idle, the only acceptable form in which God can dare appear is work and promise of food as wages.

For the poor the economic is the spiritual. You cannot make any other appeal to those starving millions. It will fall flat on them. But you take food to them and they will regard you as their God. They are incapable of any other thought.

Every man has an equal right to the necessaries of life even as birds and beasts have. And since every right carries with it a corresponding duty and the corresponding remedy for resisting any attack upon it, it is merely a matter of finding out the corresponding duties and remedies to vindicate the elementary fundamental equality. The corresponding duty is to labour with my limbs and the corresponding remedy is to non-co-operate with him who deprives me of the fruit of my labour. And if I would recognise the fundamental equality, as I must, of the capitalist and the labourer, I must not aim at his destruction. I must strive for his conversion. My non-co-operation with him will open his eyes to the wrong he may be doing.

I do not believe that the capitalists and the landlords are all exploiters by an inherent necessity, or that there is a basic or irreconcilable antagonism
between their interests and those of the masses. All exploitation is based on co-operation, willing or forced, of the exploited. However much we may detest admitting it, the fact remains that there would be no exploitation if people refused to obey the exploiter.

Exploitation of the poor can be extinguished not by effecting the destruction of a few millionaires, but by removing the ignorance of the poor and teaching them to non-co-operate with their exploiters. That will convert the exploiters also.
DEMOCRACY AND THE PEOPLE

MY notion of democracy is that under it the weakest should have the same opportunity as the strongest. That can never happen except through non-violence.

I have always held that social justice, even unto the least and lowliest, is impossible of attainment by force. I have believed that it is possible by proper training of the lowliest by non-violent means to secure the redress of the wrongs suffered by them. That means is non-violent non-co-operation. Freedom received through the effort of others, however benevolent, cannot be retained when such effort is withdrawn. In other words, such freedom is not real freedom. But the lowliest can feel its glow, as soon as they learn the art of attaining it through non-violent non-co-operation.

The fact that there are so many men still alive in the world shows that it is based not on the force of arms but on the force of truth or love. Therefore, the greatest and most unimpeachable evidence of the success of this force is to be found in the fact that, in spite of the wars of the world, it still lives on.

Thousands, indeed tens of thousands, depend for their existence on a very active working of this force. Little quarrels of millions of families in their daily lives disappear before the exercise of this force. Hundreds of nations live in peace. History does not and cannot take note of this fact. History is really a record of every interruption of the even working of the force of love or of the soul. Soul-force, being natural, is not noted in history.

The true source of rights is duty. If we all discharge our duties, right will not be far to seek. If leaving duties unperformed we run after rights, they will
escape us like a will-o’-the-wisp. The more we pursue them, the farther will they fly.

To me political power is not an end but one of the mean; of enabling people to better their condition in every department of life.

I believe that true democracy can only be an outcome of non-violence. The structure of a world federation can be raised only on a foundation of non-violence, and violence will have to be totally given up in world affairs.

I hope to demonstrate that real swaraj will come not by the acquisition of authority by a few but by the acquisition of the capacity by all to resist authority when abused. In other words, swaraj is to be attained by educating the masses to a sense of their capacity to regulate and control authority.

Mere withdrawal of the English is not independence. It means the consciousness in the average villager that he is the maker of his own destiny.

We have long been accustomed to think that power comes only through legislative assemblies. I have regarded this belief as a grave error brought about by inertia or hypnotism. A superficial study of British history has made us think that all power percolates to the people from parliaments. The truth is that power resides in the people and it is entrusted for the time being to those whom they may choose as their representatives. The parliaments have no power or even existence independently of the people. It has been my effort for years to convince the people of this simple truth. Civil disobedience is the storehouse of power. Imagine a whole people unwilling to conform to the laws of the legislature and prepared to suffer the consequences of non-compliance! They will bring the whole legislative and executive machinery to a standstill. No police or military coercion can bend the resolute will of people, out for suffering to the uttermost.
I feel that fundamentally the disease is the same in Europe as it is in India, in spite of the fact that in the former the people enjoy political self-government . . . . The same remedy is, therefore, likely to be applicable. Shorn of all camouflage, the exploitation of the masses of Europe is sustained by violence.

Violence on the part of the masses will never remove the disease. Anyway up to now experience shows that success of violence has been short-lived. It has led to greater violence. What has been tried hitherto has been a variety of violence and artificial checks dependent mainly upon the will of the violent. At the crucial moment these checks have naturally broken down. It seems to me, therefore, that sooner or later, the European masses will have to take to non-violence if they are to find their deliverance.

I am not interested in freeing India merely from the English yoke. I am bent upon freeing India from any yoke whatsoever. I have no desire to exchange ‘king log for king stork.’ Hence for me the movement of swaraj is a movement of self-purification.

Our tyranny, if we impose our will on others, will be infinitely worse than that of the handful of Englishmen who form the bureaucracy. theirs is a terrorism imposed by a minority struggling to exist in the midst of opposition. Ours will be a terrorism imposed by a majority and therefore worse and really more godless than the first.

A born democrat is a born disciplinarian. Democracy comes naturally to him who is habituated normally to yield willing obedience to all laws, human or divine. I claim to be a democrat both by instinct and training. Moreover, a democrat must be utterly selfless. He must think and dream not in terms of self or party but only of democracy. Only then does he acquire the right of civil disobedience.
I do not believe in the doctrine of the greatest good of the greatest number. It means in its nakedness that in order to achieve the supposed good of 51 per cent the interest of 49 per cent may be, or rather, should be sacrificed. It is a heartless doctrine and has done harm to humanity. The only real, dignified, human doctrine is the greatest good of all, and this can only be achieved by uttermost self-sacrifice.

Those who claim to lead the masses must resolutely refuse to be led by them, if we want to avoid mob law and desire ordered progress for the country. I believe that mere protestation of one's opinion and surrender to the mass opinion is not only not enough, but in matters of vital importance, leaders must act contrary to the mass of opinion if it does not commend itself to their reason.

It is my certain conviction that no man loses his freedom except through his own weakness.

It is not so much British guns that are responsible for our subjection as our voluntary co-operation.

Even the most despotic government cannot stand except for the consent of the governed which consent is often forcibly procured by the despot. Immediately the subject ceases to fear the despotic force, his power is gone.

There is no bravery greater than a resolute refusal to bend the knee to an earthly power, no matter how great, and that without bitterness of spirit and in the fullness of faith that the spirit alone lives, nothing else does.

Democracy and violence can ill go together. The States that are today nominally democratic have either to become frankly totalitarian or, if they are to become truly democratic, they must become courageously non-violent. It is a
blasphemy to say that non-violence can only be practised by individuals and never by nations which are composed of individuals.

What then is the meaning of non-co-operation in terms of the law of suffering? We must voluntarily put up with the losses and inconveniences that arise from having to withdraw our support from a government that is ruling against our will. 'Possession of power and riches is a crime under an unjust government, poverty in that case is a virtue,' says Thoreau.

We must refuse to wait for the wrong to be righted till the wrong-doer has been roused to a sense of his iniquity. We must not, for fear of ourselves or others having to suffer, remain participators in it. But we must combat the wrong by ceasing to assist the wrong-doer directly or indirectly.

If a father does injustice, it is the duty of his children to leave the parental roof. If the headmaster of a school conducts his institution on an immoral basis, the pupils must leave the school. If the chairman of a corporation is corrupt, the members thereof must wash their hands clean of his corruption by withdrawing from it; even so if a government does a grave injustice the subject must withdraw co-operation wholly or partially, sufficient to wean the ruler from wickedness. In each case conceived by me there is an element of suffering whether mental or physical. Without such suffering it is not possible to attain freedom.

The moment I became a satyagrahi from that moment I ceased to be a subject, but never ceased to be a citizen. A citizen obeys laws voluntarily and never under compulsion or for fear of the punishment prescribed for their breach. He breaks them when he considers it necessary and welcomes the punishment. That robs it of its edge or of the disgrace which it is supposed to imply.
Complete civil disobedience is rebellion without the element of violence in it. An out-and-out civil resister simply ignores the authority of the State. He becomes an outlaw claiming to disregard every unmoral State law. Thus, for instance, he may refuse to pay taxes, he may refuse to recognise the authority of his daily intercourse. He may refuse to obey the law of trespass and claim to enter military barracks in order to speak to the soldiers, he may refuse to submit to limitations upon the manner of picketing and may picket within the proscribed area. In doing all this he never uses force and never resists force when it is used against him. In fact, he invites imprisonment and other uses of force against himself. This he does because and when he finds the bodily freedom he seemingly enjoys to be an intolerable burden. He argues to himself that a State allows personal freedom only in so far as the citizen submits to its regulations. Submission to the State law is the price a citizen pays for his personal liberty. Submission, therefore, to a State law wholly or largely unjust is an immoral barter for liberty. A citizen who thus realises the evil nature of a State is not satisfied to live on its sufferance.

When a body of men disown the State under which they have hitherto lived, they nearly establish their own government. I say nearly, for they do not go to the point of using force when they are resisted by the State. Their ‘business’, as of the individual, is to be locked up or shot by the State, unless it recognises their separate existence, in other words bows to their will. Thus three thousand Indians in South Africa after due notice to the Government of the Transvaal crossed the Transvaal border in 1914 in defiance of the Transvaal Immigration Law and compelled the government to arrest them. When it failed to provoke them to violence or to coerce them into submission, it yielded to their demands. A body of civil resisters is, therefore, like an army subject to all the discipline of a
soldier, only harder because of want of excitement of an ordinary soldier’s life. A civil resistance army requires the fewest number of soldiers. Indeed one perfect civil resister is enough to win the battle of Right against Wrong.

My work will be finished, if I succeed in carrying conviction to the human family that every man or woman, however weak in body, is the guardian of his or her self-respect and liberty. This defence avails, though the whole world may be against the individual resister.
EDUCATION

I hold that true education of the intellect can only come through a proper exercise and training of the bodily organs, e.g., hands, feet, eyes, ears, nose, etc. In other words an intelligent use of the bodily organs in a child provides the best and quickest way of developing his intellect. But unless the development of the mind and body goes hand in hand with a corresponding awakening of the soul, the former alone would prove to be a poor lopsided affair. By spiritual training I mean education of the heart. A proper and all-round development of the mind, therefore, can take place only when it proceeds pari passu with the education of the physical and spiritual faculties of the child. They constitute an indivisible whole.

By education I mean an all-round drawing out of the best in child and man—body, mind and spirit. Literacy is not the end of education nor even the beginning. It is only one of the means whereby man can be educated. Literacy in itself is no education. I would therefore begin the child’s education by teaching it a useful handicraft and enabling it to produce from the moment it begins its training.

I hold that the highest development of the mind and the soul is possible under such a system of education. Only every handicraft has to be taught not merely mechanically but scientifically, i.e., the child should know the why and the wherefore of every process.

I would develop in the child his hands, his brain and his soul. The hands have almost atrophied. The soul has been altogether ignored.

I admit my limitations. I have no university education worth the name. My high school career was never above the average. I was thankful if I could pass my
examinations. Nevertheless I do hold very strong views on education in general, including what is called higher education.

Let me now state my conclusions held for a number of years and enforced wherever I had opportunity of enforcing them:

1. I am not opposed to education even of the highest type attainable in the world.
2. The State must pay for it wherever it has definite use for it.
3. I am opposed to all higher education being paid for from the general revenue.
4. It is my firm conviction that the vast amount of the so-called education in arts, given in our colleges, is sheer waste and has resulted in unemployment among the educated classes. What is more, it has destroyed the health, both mental and physical, of the boys and girls who have the misfortune to go through the grind in our colleges.
5. The medium of a foreign language through which higher education has been imparted in India has caused incalculable intellectual and moral injury to the nation.

I must not be understood to decry English or its noble literature. But the nobility of its literature cannot avail the Indian nation any more than the temperate climate or the scenery of England can avail her. India has to flourish in her own climate and scenery and her own literature, even though all the three may be inferior to the English climate, scenery and literature. We and our children must build on our own heritage.
The Indian culture of our times is in the making. Many of us are striving to produce a blend of all the cultures which seem today to be in clash with one another. No culture can live, if it attempts to be exclusive. There is no such thing as pure Aryan culture in existence today in India. Whether the Aryans were indigenous to India or were unwelcome intruders, does not interest me much. What does interest me is the fact that my remote ancestors blended with one another with the utmost freedom and we of the present generation are a result of that blend.

I do not want my house to be walled in on all sides and my windows to be stuffed. I want the cultures of all lands to be blown about my house as freely as possible. But I refuse to be blown off my feet by any. I would have our young men and women with literary tastes to learn as much of English and other world-languages as they like, and then expect them to give the benefits of their learning to India and to the world. But I would not have a single Indian to forget, neglect or be ashamed of his mother-tongue, or to feel that he or she cannot think or express the best thoughts in his or her own vernacular.

Mine is not a religion of the prison-house. Nothing can be farther from my thoughts than that we should become exclusive or erect barriers. But I do respectfully contend that an appreciation of other cultures can fitly follow, never precede, an appreciation and assimilation of our own. My religion forbids me to belittle or disregard other cultures, as it insists under pain of civil suicide upon imbibing and living my own.
WOMEN

I am firmly of opinion that India’s salvation depends on the sacrifice and enlightenment of her women.

Ahimsa means infinite love, which again means infinite capacity for suffering. Who but woman, the mother of man, shows this capacity in the largest measure? She shows it as she carries the infant and feeds it during nine months and derives joy in the suffering involved. What can beat the suffering caused by the pangs of labour? But she forgets them in the joy of creation. Who again suffers daily so that her babe may wax from day to day? Let her transfer that love to the whole of humanity, let her forget that she ever was or can be the object of man’s lust. And she will occupy her proud position by the side of man as his mother, maker and silent leader. It is given to her to teach the art of peace to the warring world thirsting for that nectar.

Of all the evils for which man has made himself responsible, none is so degrading, so shocking or so brutal as his abuse of the better half of humanity—the female sex. It is the nobler of the two, for it is even today the embodiment of sacrifice, silent suffering, humility, faith and knowledge.

Woman must cease to consider herself the object of man’s lust. The remedy is more in her hands than man’s.

Chastity is not a hot-house growth. It cannot be protected by the surrounding wall of the purdah. It must grow from within, and to be worth anything it must be capable of withstanding every unsought temptation.

And why is there all this morbid anxiety about female purity? Have women any say in the matter of male purity? We hear nothing of women’s anxiety about men’s chastity. Why should men arrogate to themselves the right to regulate
female purity? It cannot be super-imposed from without. It is a matter of evolution from within and therefore of individual self-effort.

Woman, I hold, is the personification of self-sacrifice, but unfortunately today she does not realise what a tremendous advantage she has over man. As Tolstoy used to say, they are labouring under the hypnotic influence of man. If they would realise the strength of non-violence they would not consent to be called the weaker sex.

To call woman the weaker sex is a libel; it is man’s injustice to woman. If by strength is meant brute strength, then, indeed, is woman less brute than man. If by strength is meant moral power, then woman is immeasurably man’s superior. Has she not greater intuition, is she not more self-sacrificing, has she not greater powers of endurance, has she not greater courage? Without her man could not be. If non-violence is the law of our being, the future is with woman. . . . Who can make a more effective appeal to the heart than woman?

Women are special custodians of all that is pure and religious in life. Conservative by nature, if they are slow to shed superstitious habits, they are also slow to give up all that is pure and noble in life.

I believe in the proper education of women. But I do believe that woman will not make her contribution to the world by mimicking or running a race with men. She can run the race, but she will not rise to the great heights she is capable of by mimicking man. She has to be the complement of man.

Woman is the companion of man gifted with equal mental capacities. She has the right to participate in the minutest detail of the activities of man, and she has the same right of freedom and liberty as he. She is entitled to a supreme place in her own sphere of activity as man is in his. This ought to be the natural condition of things. By sheer force of a vicious custom, even the most ignorant
and worthless men have been enjoying a superiority over women which they do not deserve and ought not to have.

If only women will forget that they belong to the weaker sex, I have no doubt that they can do infinitely more than men against war. Answer for yourselves what your great soldiers and generals would do, if their wives and daughters and mothers refused to countenance their participation in militarism in any shape or form.

It is no doubt an excellent thing for girls to remain unmarried for the sake of service, but the fact is that only one in a million is able to do so. Marriage is a natural thing in life and to consider it derogatory in any sense is wholly wrong. The ideal is to look upon marriage as a sacrament and therefore to lead a life of self-restraint in the married estate.

Passive resistance is regarded as the weapon of the weak, but the resistance for which I had to coin a new name altogether is the weapon of the strongest. Its matchless beauty lies in the fact that, though it is the weapon of the strongest, it can be wielded by the weak in body, by the aged, and even by children if they have stout hearts. And since resistance in Satyagraha is offered through self-suffering, it is a weapon pre-eminently open to women. We found that women in India, in many instances, surpassed their brothers in sufferings and the two played a noble part in the campaign. For the ideal of self-suffering became contagious and they embarked upon amazing acts of self-denial. Supposing that the women and the children of Europe became fired with the love of humanity, they would take the men by storm and reduce militarism to nothingness in an incredibly short time.

When a woman is assaulted, she may not stop to think in terms of himsa or ahimsa. Her primary duty is self-protection. She is at liberty to employ every
method or means that comes to her mind, in order to defend her honour. She must use all her strength and, if need be, die in the effort. The man or woman who has shed all fear of death will be able not only to protect himself or herself but others also through laying down his or her life. In truth, we fear death most, and hence we ultimately submit to superior physical force. Some will bend the knee to the invader, some will resort to bribery, some will crawl on their bellies or submit to other forms of humiliation, and some women will even give their bodies rather than die. I have not written this in a carping spirit. I am only illustrating human nature. Whether we crawl on our bellies, or whether a woman yields to the lust of man, is symbolic of that same love of life which makes us stoop to anything. Therefore, only he who loses his life shall save it. To enjoy life one should give up the lure of life. That should be part of our nature.

It is for American women to show what power women can be in the world. But that can only be when you cease to be the toys of men’s idle hours. You have got freedom. You can become a power for peace by refusing to be carried away by the flood-tide of the pseudo-science glorifying self-indulgence that is engulfing the West today and apply your minds instead to the science of non-violence; for forgiveness is your nature. By aping men, you neither become men nor can you function as your real selves and develop your special talent that God has given you. God has vouchsafed to women the power of non-violence more than to man. It is all the more effective because it is mute. Women are the natural messengers of the gospel of non-violence if only they will realise their high estate.
MISCELLANEOUS

THE world knows so little of how much my so-called greatness depends upon the incessant toil and drudgery of silent, devoted, able and pure workers, men as well as women.

I look upon myself as a dull person. I take more time than others in understanding some things, but I do not care. There is a limit to man’s progress in intelligence; but the development of the qualities of the heart knows no bounds.

It may fairly be said that intellect has played a subordinate part in my life. It is literally true in my case that God provides the man of faith with such intelligence as he needs. I have always honoured and reposed faith in elders and wise men. But my deepest faith is in truth so that my path though difficult to tread has seemed easy to me.

I have not conceived my mission to be that of a knight-errant wandering everywhere to deliver people from difficult situations. My humble occupation has been to show people how they can solve their own difficulties.

I deny being a visionary. I do not accept the claim of saintliness. I am of the earth, earthy. . . . I am prone to as many weaknesses as you are. But I have seen the world. I have lived in the world with my eyes open. I have gone through the most fiery ordeals that have fallen to the lot of man, I have gone through this discipline.

I would far rather that India perished than that she won freedom at the sacrifice of truth.

If I had no sense of humour, I should long ago have committed suicide.
Somehow I am able to draw the noblest in mankind, and that is what enables me to maintain my faith in God and human nature.

It is true that I have often been let down. Many have deceived me and many have been found wanting. But I do not repent of my association with them. For I know how to non-co-operate, as I know how to co-operate. The most practical, the most dignified way of going on in the world is to take people at their word, when you have no positive reason to the contrary.

In every great cause it is not the number of fighters that counts but it is the quality of which they are made that becomes the deciding factor. The greatest men of the world have always stood alone. Take the great prophets Zoroaster, Buddha, Jesus, Muhammad—they all stood alone like many others whom I can name. But they had living faith in themselves and their God, and believing as they did that God was on their side, they never felt lonely.

No matter how insignificant the thing you have to do, do it as well as you can, give it as much of your care and attention as you would give to the thing you regard as most important. For it will be by those small things that you shall be judged.

I do not subscribe to the superstition that everything is good because it is ancient. I do not believe either that anything is good because it is Indian.

I am no indiscriminate worshipper of all that goes under the name ‘ancient’. I never hesitate to demolish all that is evil or immoral, no matter how ancient it may be, but with that reservation, I must confess to you, that I am an adorer of ancient institutions and it hurts me to think that people in their rush for everything modern despise all their ancient traditions and ignore them in their lives.
Goodness must be joined with knowledge, Mere goodness is not of much use. One must retain the fine discriminating quality which goes with spiritual courage and character. One must know in a crucial situation when to speak and when to be silent, when to act and when to refrain.

If I can say so without arrogance and with due humility, my message and methods are, indeed, in their essentials for the whole world and it gives me keen satisfaction to know that it has already received a wonderful response in the hearts of a large and daily growing number of men and women in the West.

The highest honour that my friends can do me is to enforce in their own lives the programme that I stand for or to resist me to their utmost if they do not believe in it.
GLOSSARY

Ahimsa  Non-violence, positively the practice of love.
Ashram  Hermitage; a quiet place where people having common ideals lead a community life and follow a particular discipline. The place where Gandhi resided with his co-workers and disciples was referred to as the ashram.
Brahmacharya  Celabacy; a life of self-discipline and continence dedicated to higher pursuits.
Chapati  Cake of unleavened bread.
Himsa  Violence.
Khaddar  Hand-spun and hand-woven cloth.
Mahatma  Lit. A great soul; a title generally given to saints. In later years Gandhi was generally referred to in India as the Mahatma.
Purdah  Veil worn by woman in some eastern countries.
Sadavrata  Giving of alms to the poor.
Satyagraha  Lit. Holding on to truth. Name given by Gandhi to the technique of non-violent resistance as practised by him and under his guidance.
Swadeshi  Love of one’s own country or patronage of things indigenous and native.
Swaraj  Self-rule.
Upanishad  Ancient discourses on philosophy which are generally regarded as the source material of Hindu meta-physics. There are more than a hundred such Upanishads of which ten are considered as principal.
Vedas  The earliest and most sacred writings of the Hindus.
My mission is not merely brotherhood of Indian humanity. My mission is not merely freedom of India. But through realisation of freedom of India I hope to realize and carry on the mission of the brotherhood of man. . . .

I live for India’s freedom and would die for it, because it is part of Truth. . . . We want freedom for our country, but not at the expense or exploitation of others. I want the freedom of my country so that other countries may learn something from my free country, so that the resources of my country might be utilised for the benefit of mankind. Just as the cult of patriotism teaches us today that the individual has to die for the family, the family has to die for the village, the village for the province, and the province for the country, even so, a country has to be free in order that it may die, if necessary, for the benefit of the world. Therefore, my idea of nationalism is that my country may become free, that if need be, the whole country may die, so that the human race may live.

—GANDHI